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ABUSE



"I have been to many hospitals and retreats in the past, but none could address my deep-down hurt. They were able to stabilize me enough to go home, but I would always experience side effects from the medications. The main issue I still faced remained unresolved. The abuse occurred during my school years. Partway through my retreat, Gilead Balm encouraged me to go home and meet with the person who hurt and abused me. I have now forgiven that person and asked for their forgiveness. After working things out, I even invited them to share a meal at our house. Gilead Balm has helped me understand what true forgiveness really is. I've also forgiven my mom and asked for her forgiveness as well. Before, I had such a self-centered attitude, believing that I just needed to forgive myself more. It was hard for me to maintain healthy relationships. But it's much better now. I'm beginning to see the bright side of relationships again. I felt that the directors at Gilead Balm were very understanding, listened to what I had to say, and provided valuable lessons. In the future, I want to be a man after God's own heart and not get discouraged so easily. I know with God, all things are possible. I wish God's richest blessings to all who read this."

- David S., Indiana

"First of all, we thank the Lord for a place like Gilead Balm Wellness Center. They respect each person here, and this helps those who come to work hard at becoming trustworthy. The therapies they offer, including the brain treatments, oxygen chamber, and nutrients, have made a huge difference in our son David's life in just a few days. The counseling to help him understand the concept of forgiveness has been both practical and biblical. You need to go directly to the person who hurt you and explain what it was that caused the hurt (Matthew 18:15). Our son applied this principle in his situation, and after meeting with the other person, he found the peace and healing he so desperately needed. We also learned valuable lessons about how to focus on the needs of others rather than on ourselves. Trying to forgive yourself simply does not work; it will only make you focus on yourself more. What we need to do is focus on others, and in doing so, it will help us too!"

- Mother of David S.



ADDICTION



- M. Byler, Michigan

ADHD

“My sister Katie, who is 12 years old, has always struggled with her school lessons each year. I saw this firsthand when I taught her during the first term at my school. I’m so glad we finally found someone here to help her with her learning difficulties. Since Katie has been coming here, I can really see a difference in her. She isn’t as tired as she used to be. I’m thankful that you were able to help my sister. Since she’s been undergoing neurofeedback therapy, she seems more alert to what’s going on around her. I would also say that her appetite has increased. She eats much more than she used to. Again, I want to say thank you!”

- Fannie, Katie’s sister

“Eight years ago, I started experiencing extreme anxiety, followed by bouts of depression. Adding to this was my struggle with tobacco. Not being honest about it with others caused tense and strained relationships with the people around me, as well as with the church. I was becoming desperate! At that point, a friend directed me to Gilead Balm Wellness Center. They put me on a detoxification program that included a strict diet, a vigorous exercise routine, and daily sweat baths (twice a day). It’s amazing what one can witness coming out of their body during this period. For me, it was white, glob-like mucus, some of it in long, stringy pieces. The stricter I adhered to the protocol, the better the cleansing results. Think of all the things your body accumulates over the years! Another thing I discovered while on this program is the connection between sugar cravings and tobacco. I found that the most intense craving for nicotine came after satisfying a sugar craving. By cutting out all unnatural and refined sugars while on my diet at the wellness center, my desire for sweets diminished, and so did my desire for tobacco. Without realizing it, people often use these substances together to self-medicate. All these cravings lead to spiritual bondage. As long as these things control you, you are in a form of bondage and cannot experience true peace and freedom until you break those chains.”



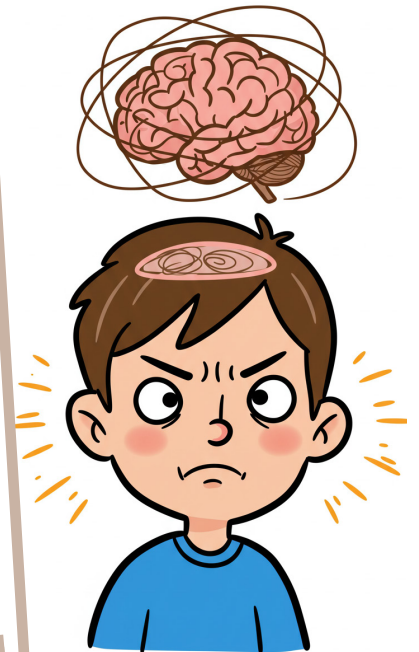
ADHD

“As a young kid, I had ADHD (Attention Deficit Hyperactivity Disorder). My wife says that, to cope with stress, I always needed to be doing something new to distract myself. I didn’t have the kind of peace or contentment in my life that my family and I needed. I owned a construction business for a while but eventually had to give it up because I couldn’t handle the stress. I struggled with not being able to cope with even little things. I’ve also struggled with depression, especially over the past eight months. Finally, I came to Gilead Balm for brain scans, brainwave therapy, hyperbaric oxygen, foot bath detox, saunas, massage, and bio-structural therapy. I started on their diet and supplement program. Four weeks into the program, my life feels like it’s finally coming back into balance. The depression has been replaced by contentment with my family. I am far more relaxed and at peace. Everyone in my family has noticed. I’m not tired anymore. Before, I was always taking naps. Now, I can go to bed fairly late, wake up early, feel good, and have plenty of energy throughout the day. I can also think more clearly. My focus and attention are finally where they should be. I don’t need to go out or do something new and different all the time. My wife really appreciates this new level of stability. I’m a lot happier and can actually say I have joy. While I was here at the wellness center, something very stressful came up, and I faced it with calm, even in the midst of the storm. To God be the glory! I also want to reach out to others who struggle with ADHD, anxiety, etc., because there is help out there. With God’s help, I want to continue growing closer to Him.”

- Matthew Y. Missouri

“Before I came to the wellness center in Ohio, I always felt like I was getting the worst end of the deal. I felt like I was being treated more harshly by my parents than my siblings. Now, after doing the neurofeedback program here, I feel more energetic, secure, and content. I’m not even sure I get worked harder than my siblings, but even if I do, I don’t feel unhappy about it like I used to. Instead, I enjoy doing my jobs at home and at school. Before, I was easily bothered by my siblings or fighting with them. Now, I am always playing with them and enjoying it. I used to bring four out of six subjects home from school because I was so distracted. My focus was on everything else except my work. Now, I am much more focused on my schoolwork. I feel more optimistic about life and no longer get the headaches I used to. I can relate to people better because I’m more comfortable with them. My thinking aligns more with others, which means I can express myself more clearly than I could before. I did 37 sessions of neurofeedback and 36 sessions of hyperbaric oxygen at Gilead Balm, and now I feel a lot better.”

- Kelvin





“We brought Aaron, 11 years old, to seek help with his ADHD problems. Aaron loved the evening times spent with his counselor fishing on the pond, as well as the fun we had with the other staff and clients. His bed-wetting improved significantly during the second and third weeks we were at Gilead Balm. Aaron’s headaches have also disappeared, and he seems to have more energy. The counseling sessions were worthwhile and helped him get motivated to learn how to control his words, actions, behavior, and more. Glory to God on high!”

- Levi Fisher (Aaron’s dad), PA

ADHD

“We came to Gilead Balm seeking help for our twelve-year-old son, Marlin. He was very hyper and often didn’t respond to Dad and Mom, which made it seem like he was being rebellious. In the end, we realized it was mostly a misunderstanding. We didn’t understand that his brain wasn’t receiving messages properly, and the things we were saying weren’t soaking in. Marlin was also dyslexic. When he started school, he showed many signs of ADHD. In third grade, he fell and landed on cement, sustaining a bad concussion. Shortly after, he had two more severe falls. We tried many things to help him before coming to Gilead Balm, but he kept getting worse. His headaches increased, his memory of how to do things deteriorated, and he kept falling behind in his school lessons. His behavior was also worsening. With the treatments at Gilead Balm, we started seeing changes by day sixteen—he could finally hold still. He is now responding to others and following directions. We give a lot of credit to the neurofeedback therapy. The behavioral counseling with the children’s counselor was also invaluable. It was helpful for Marlin, Dad, and Mom. Gilead Balm is such a pleasant place if you need it. They have nice rooms and a pond where you can relax, fish, or swim. We are grateful to God for providing a place like Gilead Balm for people in need.”

- Alvin and Joanna Bontrager (Marlin’s parents)

“I am grateful for the wholesome, Christian atmosphere at Gilead Balm, the nourishing food, and the daily devotionals. Our eight year old son had difficulty coping in school without using ADHD medication. He was not able to take even the simplest instructions without arguing. Medication helped, but we went to Gilead Balm to try all the therapies they have available. We decided it was a worthy goal. After three weeks of therapy, we see promising improvements. It takes commitment and effort from all involved, but we think the long term benefit is worth it.”

- Father of a Client



ANGER

"I was continually getting into heated arguments with Dad and Mom, hurting the feelings of my siblings, writing angry letters to the deacon and my former counselor. I resented my boss and even began conflicts with my best friend. I was mad at the whole world. I struggled with resentment, anger, grief over my misfortunes, self-pity, and depression. I underwent hyperbaric oxygen therapy, Bemer, neurofeedback, and physical exercise. In counseling, I finally learned to forgive. I also learned that forgiveness is not a 'once and done' thing, but a lifelong process. I still have to practice it every day. With help from my counselors at the Gilead Balm Wellness Center, I was able to restore my relationships with others. I now have a plan for who to be accountable to. I now have a future that's worth living for."

- Matthew in Missouri

ANXIETY

"I had a lot of anxiety, but we weren't here long before I started to feel more relaxed. We felt a strong connection with the staff and actually developed close friendships. We enjoyed our morning health coaching sessions and bombarded our coach with many questions, which he answered with great knowledge and made engaging. The staff were so kind to come to my aid, even at 9:00 at night. The staff who provided our rife and neurofeedback therapies soon felt like old friends. The sunshine and the constant singing of birds were a balm to my homesick soul. I was fairly certain we had one of the best rooms in the house, as we could wake up every morning, open the blinds, and look out across the world just beginning to awaken. We also had the beauty of golden sunlight streaming in our windows at sunset. We know God opened the doors for us to come here, and we thank Him for all the healing that took place."

- Clif and Dez Lehman



"I started a 3-week program and came in with digestive issues. Infections were preventing oxygen and nutrients from being delivered to my brain. My brain scan showed an imbalance and over-activity, which occurs when the body is fighting infections and has a weakened immune system. I felt completely worn down. By the second week of my retreat, I started to notice more energy. Towards the end of my retreat, I also noticed my anxiety improving. The Rife scan showed that the initial infections were no longer present, and my brain and immune system are functioning more properly than before. The other exciting part is how I feel. My thinking and communication have improved, my energy levels are higher, and my reflexes while driving the buggy are much better. My wife no longer has to tense up during the ride. We left feeling happy and are looking forward to more improvements over time."

- O. Bontrager

"Sleeplessness was one of the side effects of my anxiety medication. I often couldn't sleep before midnight, and the sleep I did get was restless. I struggled constantly with nervousness and anxiety. I would often fear being hurt while riding in a car or feel general nervousness around new people. I had pretty severe nosebleeds that would occur randomly and sometimes continue bleeding for an hour. After three weeks of therapies at Gilead Balm, I am sleeping better and getting more restful sleep. I can fall asleep faster and sleep through the night. I am also better able to handle my anxiety, knowing that God is in control. Counseling has helped grow my relationship with the Lord and has eased my anxiety. The neurofeedback therapy has also helped me relax better. Thank you to everyone for all you did for me while I was at Gilead Balm. I truly appreciated it. God bless."

- Lavern Beachy



- L.H., from Michigan

"I have been very blessed and thankful for my time at the Gilead Balm Wellness Center. When I arrived, I was dealing with high anxiety and depression. I also struggled with lack of focus, lack of motivation, and many other personal issues. After the first week, I started noticing and feeling a difference, and it just continues to get better. Thank you to all the therapists here for their help with the neurofeedback therapy, massage, hyperbaric oxygen chamber, Bemer, and other therapies. Most of all, I want to thank my counselor at Gilead Balm. She helped me immensely with some major challenges and walked me through the Bible. I now feel closer to our Almighty God, our Healer. A huge thank you to the amazing team at Gilead Balm."



ANXIETY

The illness of my husband, Junior, became a challenge. It was difficult for him to stay calm in stressful situations. He was dealing with sleeplessness, despite feeling weak and exhausted. One evening, Junior suddenly got up from the dinner table. His voice became a mere whisper, the color drained from his face, and he clutched his chest. His heart was beating wildly. Believing it was a heart attack, he asked to be taken to the ER. At the ER, we were greatly relieved to find everything was normal. We returned home, and things seemed to return to normal, but only for a short while.

A week and a half later, we found ourselves back at the ER again. This began a journey to regain a new balance in our usually quiet and peaceful life. Despite our efforts, our life lost its normalcy as Junior slowly spiraled downward. An endless cycle of anxious moments, sleepless nights, unanswered questions, and repeated visits to the ER took over our lives. We had met the crisis of our lives. Church friends, family, neighbors, and even customers at our store were deeply concerned for Junior. What was happening to this energetic and capable man? Many people were praying.

We began having nutritional IVs done for Junior, which helped lift him to a certain level. But finally, through information we learned from others, we contacted Gilead Balm Wellness. Through testing, they recognized Junior's condition as a gut-brain issue caused by a virus settling into his gastrointestinal tract. This had created a host of other problems and destroyed his overall health.

The gut-brain connection refers to the communication lines that connect the intestinal tract with the brain. It involves not only the digestive system and the nervous system, but also the immune system. The digestive system is linked with our mental and emotional states of mind. Our gut is truly a second brain. These bodily imbalances were causing Junior to experience anxiety and insomnia. This gut-brain connection involves a web of chemical messengers in the body, revealing a system much more complex than we previously knew.

We concluded that our bodies are truly wonderfully made. We are also deeply thankful for the help and support at Gilead Balm. Junior has regained his strength, and his spirit has been restored. His physical and emotional health grew stronger each week as we stayed at the wellness center. For this, we praise God.

We also want to express our appreciation for the kind words of understanding and encouraging wisdom the directors shared with Junior during the depths of his illness. At a time when hope seemed almost gone, their words of encouragement, combined with their understanding of his condition, conveyed hope and light in the darkest valley of his life.

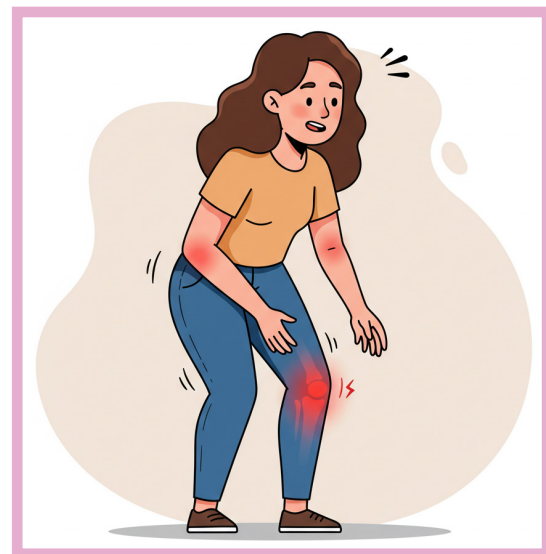
We also enjoyed the fellowship with other believers at the center as we shared meals, washed dishes, and performed various duties around the facility. We cherish the memories of times spent singing or playing games on the deck in the evenings. We especially enjoyed the daily morning activities and the Bible studies guided by the counselor.

- Barbara Coblentz in Tustin, Michigan (Junior's wife)

ARTHRITIS

"I had arthritis for nine years. I tried different supplements that only helped for a while. I also started dealing with depression and felt drained of energy. Then I started hearing about Gilead Balm. I looked at their newsletter and decided to give it a try. At first, I didn't want to come, but with encouragement from my family and friends, I decided to give it a shot. So far, I'm not sorry that I came. I can feel a difference in my arthritis, and my depression and energy are improving too. The staff was always ready to help whenever there was a need. They always greeted me with a smile when I met them throughout the day. Thanks for all you did for me."

- Anonymous



AUTISM

- H.K., PA



"Thank you to the staff for creating such a homey atmosphere at Gilead Balm. You have been very helpful and provided everything we asked for. There was plenty of good food, and the cooks prepared all the meals and snacks. We appreciate the high-quality protein sources you use. You also provided duck eggs and ghee for our son, along with other special dishes. The colon cleanse clearly showed the many infections that were removed. The neurofeedback has enabled him to regain some communication that had been lost. We've noticed he has a better outlook on life. The buffeting therapy provides a personal touch and helps remove the infections. We had pleasant times walking around the pond and through the trails in the woods."

- B.F.B. from Parke County, Indiana

"We came to the Gilead Balm Wellness Center seeking help for our son's neurological issues, hoping to help him come out of his shell. We wanted him to learn how to socialize and communicate more with others. We also wanted to improve his overall physical health, which had been going downhill. It was a learning experience for me as a mother. It was a good place to be, but it's not a place to just relax and have a good time. It's a place to stay busy and work on getting well quickly! The love and concern here were very much felt and appreciated. I also enjoyed the devotional times spent together with the other clients. We feel that the time and effort it took for 6 weeks were well worth it. We definitely see improvement. One of the staff members mentioned that she remembered my son as seeming to be in a dark tunnel, and it was hard for him to understand what was being said to him sometimes. Now, my son is much more alert. He notices what's going on around him. We feel unworthy of all the help and encouragement we received here. We thank God for a place like Gilead Balm."

AUTISM

"My autism is getting better. My ability to communicate after doing the therapies at Gilead Balm has become much easier. When someone says something to me, I understand it more quickly. This has helped a lot at my job. If someone corrects me on my work, I feel much calmer now. I used to have a big problem with anger and would get mad really quickly. My boss says I am more focused on my work. I also feel a lot more energetic. I've done about 50 brainwave therapy sessions. When the staff at the wellness center asked how I was doing, I used to say, 'Not very good.' Then after a while, I would say, 'Not too bad.' Now, I just say, 'Good.' I'm still working on having better friendships with others, but I've made a lot of good friends here at Gilead Balm. I feel like I know how to have better friendships now."

- Aaron Miller in Holmes County, Ohio



"We came to Gilead Balm for our four-year-old son, who was always hyperactive and would get very upset or even angry. We were truly inspired by the neuro-developmental sessions at Gilead Balm with the children's counselor. I can't even describe how we felt after the counseling sessions. I was inspired over and over again. Now, I want to apply the lessons we learned for my son to my own life. I pray that the Lord would direct our hearts and minds as we raise these precious souls for Him."

Through testing at Gilead Balm, we found that our son had allergies, leaky gut, and yeast infections in his gut. We weren't sure how it would go with all the different therapies for our son, but he really surprised us. Once he got the hang of the routine, he did really well. After the first week, we noticed his hair was more normal. He used to always wake up in the mornings or after his nap with sweaty and tangled hair, which I was told is a sign of parasites. After the second week at the retreat, we noticed he was a lot calmer and easier to reason with.

We are really pleased with the results we've seen so far. We've tried many other things in the past, and nothing really made a difference. I feel this program here works by addressing the root of the problem. The meals were also delicious and nutritious. The staff was very kind and caring, and everyone does a great job working together as a team."

- Mr. and Mrs. Lapp from PA

AUTISM

"I spent five weeks at the Gilead Balm Wellness Center as a caregiver for a 26-year-old friend with autism. He finds it very challenging to communicate with others. The speech and language therapy has made a tremendous difference in his ability to express what he's thinking. There were many times when he would just clam up, but now he answers almost every time and is even asking some questions on his own. Being able to communicate better has prevented a lot of frustration, and less frustration makes for a happier person. It takes dedication, a lot of patience, and hard work, but the results we've seen after five weeks of therapy seem to have made it all worth it."

- A caregiver from Indiana

"Our experience with Gilead Balm started in the spring of 2022, after a discussion with some good friends who had been there. Our three-year-old son was experiencing slow development and other mental delays. We were looking for answers. After going to the Gilead Balm clinic in Ohio and running some tests, he was diagnosed with serious infections in his head. In May of 2022, we spent three weeks at the clinic. The treatments and therapies made a lot of sense. They were intense but seemed to help quite a bit. Our son now seems much happier overall. All the people we've talked to who have done the program here have had success stories, ourselves included. If you're ready to get to the root of the problem, change your diet, and follow their protocol, I would highly recommend Gilead Balm."

- Ivan Lee & Linda Stoltzfus

"We are now eight weeks into the protocol the director at Gilead Balm gave us for Josh. Looking back to where he was eight weeks ago, I can see some remarkable changes. He is no longer running a constant low-grade fever. His color is much better, and I love seeing the sparkle back in his eyes. He is much more lively and enjoys his physical exercise. Another huge improvement is his sleeping patterns—he wakes up with a smile instead of a growl. For the first time since he was three, he's calling me by my name. Josh's digestion also seems better, and he's more cooperative with everything that goes on around him. In the last two weeks, his OCD behaviors haven't shown up as much. To God be the glory!"

- Debbie Miller, Josh's sister



"After six weeks of going through the therapies at Gilead Balm and working with the children's counselor, Edward is speaking in longer sentences. Before coming to Gilead Balm, Edward only spoke in two-word sentences at most. Our son, Edward, was born a healthy baby, but at six months old, he stopped playing with toys and stopped his baby talk. There was no eye contact, and he would make no sounds. He was diagnosed with autism at four years old. After the program at Gilead Balm, Edward now has better eye contact. He wants to talk and is much more aware of things. Now that Edward is talking more, he is also socializing more.

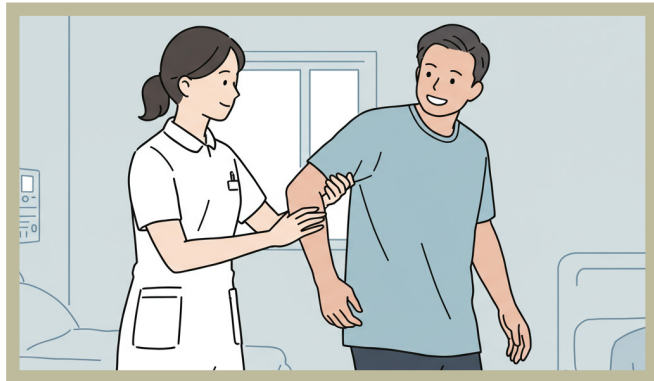
The color in his face is much better, and he seems brighter and happier. He seems to feel much better. We are thankful that God showed us a place like this. Many thanks to the staff for their help and dedication."

- Edward's Mom

AUTOIMMUNE DISEASE

“When we came to Gilead Balm, I was having problems with troubled thoughts. The scan at Gilead Balm showed that Sjogren’s Syndrome was one of the problems. This is an autoimmune disorder that can lead to mood disturbances. After a 3-week program of neurofeedback therapies and ozone treatment to kill the infections causing the autoimmune Sjogren’s Syndrome, my thoughts and mood are better. I plan to go home and continue the home detox program to get rid of the infections that are still showing on my scan. We also did the marriage counseling with Roger, which was helpful to learn how to communicate and understand each other. The staff did an excellent job and the food was great. Thanks!”

- Anonymous



“I have more mobility now, and the inflammation in my body is decreasing. The hyperbaric oxygen therapy was very helpful for my condition. May God bless you all as you strive to help the sick. I appreciate the home-like atmosphere, with the friendly and helpful staff. I enjoyed the healthy meals and interacting with the other clients and their families. These were all things that made my stay enjoyable. I also appreciate the tips on healthy cooking and plan to incorporate them into my diet at home.”

- M.A.H., Michigan

“I used to be very active, but in 2004, I was working one day when my middle finger and ring finger wouldn’t spread apart. We started investigating what was going on, and my hands became even weaker. In 2018, I was walking down to my basement when I fell down 13 stairs. My ankle gave out, and that’s when we knew something else was going on. My doctors decided to send me to the Mayo Clinic, where I was diagnosed with a neurological autoimmune disease. It’s an immune attack on your own nerves that control movement in your arms, legs, and face. My first treatment was prednisone, a steroid, to try to reduce the inflammation, but that didn’t work. I was getting plasma exchange twice a week, and we did that for almost six years.

After doing stem cell therapy, I was finally able to start moving my toes—something I hadn’t been able to do in many years. Before the stem cell transplant, I couldn’t move my arms at all. Now, I can move my arm up and out. I have enough strength in my right hand to use a computer mouse, so I can do graphic design work. I’m walking much better, I have more endurance, and I was even able to play soccer the other day. To the people who got me through this, thank you very much, because you saved my life, and I now have a much better quality of life.”

- Alex

BALANCE & WALKING

“When I came to Gilead Balm to scan for health issues, about eight different health problems were detected on my scan. Now, as I’m almost done with the retreat, I’m glad I took the course. Five of those health conditions are no longer showing on the scan. I feel my leg has improved; the swelling and inflammation have gone down, and my leg is almost back to its normal size. We had good food and Christian fellowship. Don’t expect to treat this like a vacation. We were busy most of the time doing things that were beneficial for our bodies. They focus on what’s necessary for us: putting in the good and taking out the bad. Gilead Balm does what’s good for the body, but let us look to God for the increase.”

- Homer M.

BALANCE & WALKING

"I had been having trouble with my legs, especially with balance, for about three or four years. It all started with some knee replacements, one of which didn't turn out too well. It left me with no balance. I used to go to physical therapy twice a week, but I was very disappointed with the results. They tried as hard as they could, but it didn't make much difference in my ability to walk. No one came up with any medications.

Just recently, I found out that it was a nervous system problem, rather than a muscular one. About three months ago, my neurologist basically said my nerves were "shot." He couldn't even diagnose it and said it was 'idiopathic,' meaning they don't know how to diagnose it. When you first talked to me about stem cells, I was initially skeptical. But after three weeks, I just kept getting better and better. I can actually walk now. So now I'm back for a second round. I look forward to seeing what that will bring in three weeks. The pain I had in my legs is also completely gone. I don't notice any pain anymore."



- Bill, 75 years old

BIPOLAR



"My wife, Emma, had bipolar disorder. She had just come down off a high last summer after one of our daughters got married. Then Emma began to slump into a deep depression and inactivity. She developed diabetes and was just sitting around in her recliner, not doing much. Her mind became slow and forgetful. Emma has a family history of anxiety, and she was starting to show signs of that same anxiety. Our children thought it was time to do something about the situation, so we came to Gilead Balm Wellness Center.

My wife received counseling and neuro-muscular therapy to help her regain control of her arms and legs. We participated in the group therapy sessions, which included activities and Bible studies that Emma looked forward to each morning. We plan to continue the diet when we get back home, which is today. I really noticed a difference when she started doing the hyperbaric oxygen therapy sessions. It helped her sleep, and it helped me sleep as well. I did the hyperbaric oxygen with her, and it really relaxed me.

Emma's thinking is much clearer now. She also did the neurofeedback therapy at the wellness center, which helps reset your brainwaves. Emma is back to helping with things in the kitchen, walking around everywhere, and being quite active. Her memory is sharp again, just like it used to be. Her attitude has also improved a lot, and I hope it continues to improve as we stay on this diet. Now, when she gets phone calls from our children, she tells them, 'I'm pretty good!'"

- D. Stoltzfus

BIPOLAR

“Greetings in Jesus’ Name. My wife, Mary, was at Gilead Balm Wellness Center for six weeks. Mary had been on medication for 35 years for bipolar disorder. She had been on five different medications, but they no longer worked. We didn’t know what to do. At Gilead Balm, they put her on supplements, hyperbaric oxygen, and brain therapy. As of now, she is off all medications, except for one sleeping pill. We are so thankful for all the help we received. The food was delicious, and we enjoyed the exercises and games. We were able to participate together in the Bible sessions and counseling. We really appreciated having our own room here at the clinic. Thanks be to the Lord for His healing and to the staff at Gilead Balm for their care.”

- Eli & Mary K. in PA

“My wife Sadie had Bipolar Disorder. We tried many things and received little to no help. With the encouragement of our family and even our medical doctors, we decided to give Gilead Balm a try. The blood tests showed parasites and infections. We were given a lot of homework on how to administer herbs. We soon saw a difference. She has been singing again and asking questions about the Bible and church. She once again enjoys sunsets and the flowers. We can sing together more than we have in a long time. We’re doing chores together again now, and she now sits at the table to eat with me, after so long eating by herself. We enjoy the staff here and the other clients. We’ve now had the last brain scan and have seen a lot of improvement during our stay here. Sadie has said thank you countless times and has never hesitated to take her supplements. Overall, we’ve enjoyed our stay here. Sadie was a jewel to care for.”

- Sam Swarey



“I was loaded with toxins and infections, which resulted in constant stomach pain and frequent headaches. Mentally, I had difficulty concentrating and processing my thoughts and information. Emotionally, I was unstable, battling depression, anxiety, and negativity. I had been diagnosed with Bipolar Disorder. At first, the program at Gilead Balm seemed overwhelming, but over the weeks, I began to improve.

Through the director’s coaching, the issues I was dealing with and the reasons for them were clearly explained. A big highlight was the counseling sessions. Studying the Bible, learning about biblical characters, and having the lessons applied to my own life was very inspiring and uplifting. The counselor explained how we all need to receive the new birth, and that spiritual life comes from God. When I understood this and decided to give myself up to God’s will, I prayed to God to receive this new birth. After praying, I felt spiritually refreshed. It’s not a feeling I’ve ever had in my life before, until now. There’s no supplement that can provide that kind of feeling. I finally feel like God accepts me because I know that I have accepted Him.

I really enjoyed the group activities and the relaxed pace at the retreat. It was very beneficial to my physical well-being. In my last weeks at the wellness center, the brain scan results also showed great improvement.”

- Isaac Stoltzfus Jr.

BITTERNESS



“I came to the Gilead Balm Wellness Center carrying a lot of bitterness and emotional baggage. I feel myself letting go of those things. This can be hard to do, but don’t hesitate to make the commitment to find freedom. Do it for yourself. Do it for your spouse. Do it for your family. It is well worth it.

Enter the doors here at Gilead Balm and leave a new person in Christ. It is possible. All we have to do is get rid of our pride and put on the clothes of humility.

Some highlights of my stay here included the nourishing meals, the walks around the pond, fellowshiping with other residents, and having significant conversations. It’s amazing how all the clients here come with different conditions and personalities, but we all come together and support each other. It’s like becoming one family. We gather together as a group for meals and to discuss biblical topics we are interested in. It’s easy to open up to each other and help each other in the healing process because of the environment here. Sound doctrine, mixed with quietness and gentleness, naturally leads to a peaceful spirit.

We appreciate that Gilead Balm always works with the home church ministry for their clients. The counselors always have someone from the clients’ ministry listening on the phone during counseling sessions. The ministry provides leadership and goals for the client to work towards in the counseling. One of the clients here expressed how she felt secure knowing that the counseling is based on God’s Word and not on human psychology. Overall, it was a good mix of supporting our physical bodies and nourishing our souls.”

- Caesar Stoltzfus

“My husband had mood swings and was very tense, which was causing relationship struggles with our older children. When we came here, Gilead first did some testing and a brain scan to see what was going on. The brain scan showed that his left and right sides of the brain were not working properly in many areas. His blood work also showed a very high amount of copper. They got him on supplements right away to help balance it. He also went through the entire detox program, eating healthy foods, using the whirlpool jacuzzi soaks, foot baths, supplements, saunas, massages, lymphatic therapy, neurofeedback therapy, hyperbaric oxygen, exercise, and counseling.

By four weeks into the program, we could see things were changing for the better. A week later, my husband admitted he was getting help and felt like he was on the way to recovery. His last brain scan showed that the right and left sides of his brain were working much better. My husband is more relaxed and is starting to enjoy life again. He is no longer as keyed up all the time or running on a high like he always did. Now, he is much more grounded. He talks about how he can’t wait to get back to work again. It seems like my husband is turning into a younger, more energetic man, even though he’s approaching his 48th birthday.

Another thing worth mentioning is how the counselors and staff here have such a patient, kind, and gentle way of reconciling clients with their family members and their ministry. I enjoyed the natural and peaceful environment here. Praise be to God.”

- Caesar Wife

BONE CANCER

“I had decided that if I ever got cancer, I would not use traditional medicine. I was diagnosed with stage four bone cancer in 2013. My husband and two adult children began researching and looking for alternatives. I had already had a tumor in my breast for three years. Then, after doing the program here for only five weeks, the tumor went away. I couldn’t find it at all. Now, about a year and a half after the Rife therapy, I have almost a normal life. I can do all the normal things. The doctors told me I would get worse and worse, but with the Rife therapy, I just keep getting better and better. If I had gone with traditional medicine, I would be sick all the time. I would be weak and wouldn’t have been able to play with my grandchildren or go to church. A year ago, I was bedridden. Today, I can do pretty much everything I did before.”

-Carol



“Our son was very sick and could hardly walk when he started the program at Gilead Balm. His feet and legs were swollen and inflamed, and he had been dealing with this for many years. Testing showed he had infections throughout his body, several viruses, stage two pancreatic cancer, a bone disease, and other issues.

Soon after starting the cleansing program, his head felt better. He had clearer thinking and could sleep better. By three weeks, he could walk without pain in his feet. He felt better all over. The many useful tips we learned while at Gilead Balm, including cooking skills and recipes, have been a big help in continuing at home.

We enjoyed and appreciated the friendly and helpful staff; they made us feel welcome and at home. We are so grateful to now have hope for better health and healing. To God be all honor and glory!”

- M. Y. Shipshewana, IN

BORDERLINE PERSONALITY DISORDER

"I went to Gilead Balm to get tested because I was very sick. It felt like there was more netting being knitted together in my brain, creating more stability. The clinic found lots of infections and sent me home with a home detox. Amazingly, I got a lot better and even got off all my meds. However, I still struggled with family relationships. I eagerly awaited my chance to stay at the wellness center for a six-week retreat. Finally, the day came to start my intense detoxing and healing process. The staff was so caring (which was a large part of the healing). The place is very organized.

I noticed many improvements by week four. I am more relaxed, I smile more, my eyes look clearer, and the dark circles under my eyes have decreased. By week five, I felt more grounded. I credit that to the neurofeedback and counseling. I can feel my brain healing. The best way I can describe it is that it feels like there's more netting being knitted together across the room in my brain, creating more stability.

The insights I gained from my counselor were invaluable, such as focusing on my responsibilities, letting go of what is not mine to control, accepting changes, and finding humor in other people. The way my counselor calmly talked and prayed for me and my family was huge! I was awed by how God was moving and using the staff, caregivers, and other clients as His messengers. I hope the wellness center can continue to be a healing balm for those who are struggling!"

- Kate

BRAIN CANCER

"I came to Gilead Balm for testing, not thinking I had any serious issues. But after testing, I was diagnosed with Lyme's disease, along with three co-infections, concussion damage, and two brain tumors that were becoming stage three cancer. After three weeks of Rife therapy, neurofeedback, hyperbaric oxygen, and an intense detoxification protocol, the retest results showed much improvement. The three co-infections are gone, the tumor is mostly gone, and I'm hopeful to see further improvements while continuing treatment at home. Thanks to all the staff who made our time at the clinic pleasant."

- M. J. G., IN



“My cousin’s 6-year-old son, Quintin, was having foot and leg pain, headaches, shaky hands, and eye pain. So, they had him tested at Gilead Balm. It was discovered that he had two brain tumors. After two weeks of intense treatment at the clinic, both tumors are gone! Praise the Lord!

We appreciate the caring staff. It was easy to feel at home here. It’s not much fun, but at least there’s not much pain either. There’s also much less stress for a child here than in the hospital. Quintin went fishing on the pond whenever possible. The cooks are a blessing. They are so good at what they do and so understanding when I randomly come into the kitchen to fix a snack for a hungry six-year-old! I’m glad you understand how much of an impact our food has on our health. ‘Let thy food be thy medicine, and medicine thy food,’ as Hippocrates said.

I enjoyed my time here assisting Quintin’s mother with his care. Thank God for all of you!”

- Deborah, Quintin’s Caregiver

What drew me to the Rife program was learning that cancer could stem from microbial infections—a root-cause approach that really resonated with me. I had three brain tumors and had been suffering from debilitating migraines for 10 years, spending most of my time in bed. Since starting the Gilead Balm Protocol, my tumors have reduced by at least 50%, and 98% of my migraines are gone. I can now wake up, make breakfast, take care of the house, and even go for walks with my grandkids. It’s been life-changing.

The detox process wasn’t easy, and there were days I didn’t feel great, but staying hydrated and following the diet helped me push through. After so many years of hardly having any good days, I’m amazed at how much better I feel. My energy is back, I’m active again, and my husband is stunned by the transformation. The scientific foundation of the program gave me confidence—and now, I just want others to know there’s real hope for healing.

- Diane

BRAIN CANCER

“I had a brain tumor and started having seizures. I also began struggling with depression. So, we reached out to Gilead Balm and decided to come for a 3-week retreat. By the second week, I started thinking more clearly and having more energy. My seizures now last only a couple of minutes, whereas they used to last for half an hour. The improvements continue to get better. I think the hyperbaric oxygen chamber, neurofeedback, and counseling have all helped me a lot. I would recommend it to anyone struggling with the same issues. I’m glad I did counseling, as it helped lift my mood and made me feel better. I really enjoyed my stay, especially the delicious meals and the nice, friendly people. God bless you, and keep moving forward.”

K.B.G.



“When we first arrived, the protocol appeared very overwhelming. It got better as time went on. We were very blessed when we first noticed that the bump in front of our son’s ear was smaller.

That was approximately 1 ½ weeks into the program. Then we got the good news a couple weeks later the rife scan showed free of cancer. Many thanks to the cleaning ladies that come every day to clean our rooms and who are so patient when they can’t get in right away. To all the staff, thanks for being so patient and kind with our gang. Thanks for being so faithful with the rife and neurofeedback. Thanks to all the staff for all the hard work you do to make this possible to function. Thanks so much to all the cooks and all the good meals. May God bless you richly. May God bless your perseverance.”

- Joseph & Christina Schwartz

“Stepping into the program at Gilead Balm, I had anxiety problems due to a brain tumor. Being around large crowds really stressed me out, so much that I was avoiding them more. But going through the program has made a real difference. I am now able to be around crowds of people. This is exciting, as my ability to play volleyball and interact with others again is increasing. I can also concentrate better in conversations. Now, I’m able to help with the daily tasks around the house again. I’m learning to smile and be present with the people I’m with.

Sleep is another area that has greatly improved. The 3 hours of sleep I used to get every night, due to racing thoughts, is now 7-8 hours of restful sleep. I wake up with more energy and strength for each new day. I’m thankful to say that I am growing in my health and well-being.”

- Ruth

BRAIN CANCER

“I came to Gilead Balm Wellness Center to treat my head. I had frequent headaches and blackouts, sometimes as many as eight times per day. My thoughts were foggy, and year after year, it got worse. I had no energy at all. Testing at Gilead Balm revealed that the front of my brain was starting to shut down and that the two sides of my brain weren’t working together. The testing also showed stage one brain cancer. They recommended that I stay at the retreat for five weeks.

After completing the program, I had great results. I’m not dropping things like I used to. My head feels lighter and clearer, and I don’t experience blackouts as often. I can sing again, which is a blessing. The massage was very beneficial, and I really enjoyed the counseling sessions. The neurofeedback was a great addition, and the hydrotherapy was incredibly relaxing.”

- Client from Ohio

“Our daughter, Ruth, was having vivid imaginations, but we suspected something more serious was wrong. Ruth was having a hard time concentrating and couldn’t focus on her work as a school teacher. She was also struggling with severe anxiety at night. There were many sleepless nights when she would come down to our bedroom but still couldn’t express herself.

We had a brain scan and a Rife scan done, and it showed that Ruth had a tumor in her brain. When we came back for further testing, it showed that the tumor was completely gone. We are just amazed at the ‘new Ruth’ we have. She has more concentration and energy. Even when she plays volleyball, I can see that she plays far better than she used to. Everyone in the family is adjusting to how different Ruth is now. She speaks her thoughts and feelings with confidence. The anxiety and sleeping problems are gone, and she has much more capacity for everything.

It was also encouraging to visit with the other Amish clients at the retreat and support each other. Ruth made remarkable progress at the Gilead Balm retreat center.”

- Melvin Yoder, Sandy Lake, PA (Ruth’s dad)



BRAIN FOG

“I’ve had a lot of medical treatments, many hospital stays, and have taken lots of antibiotics. For years, I had been dealing with stomach issues and frequent headaches. I also struggled with brain fog and was depressed a lot. My kidneys and bladder were often not functioning properly, causing much pain.

The first thing I noticed when coming to Gilead Balm was how much better my kidneys were working. My head also felt clearer, and the brain fog was much less. The staff at Gilead is friendly and informative. It has been a quiet and peaceful place to be. To God be all glory and honor.”

- Anna Miller



“My husband, son, and I all came to Gilead Balm Wellness Center to do their program. Life was getting harder with our health issues getting worse. Brain fog, irritability, digestive problems, fatigue, pressure in the head, and headaches. We needed to do something to get better. It was incredible to see the junk come out of the body as we detoxed. Going through the detox everyday wasn’t a walk in the park. Trying to get used to the flow of the program was tricky, but the staff helped us stay on track as it got easier day by day. Now that we have come to the end of our stay at Gilead Balm, we are excited to go home and continue on the home detox program. We went over our final test results. All three of us are showing good progress. The brain scans are showing that our brains are getting more balanced. The infection scan shows less infection than we started with. We are all feeling our health improving, with our heads less irritable, more energy, and no more head pressure. We are thankful to be heading in the right direction.”

- Anonymous

“Before coming to Gilead Balm, I was dealing with poor concentration and coordination. Thinking, focusing, and speaking clearly were difficult for me. I had brain problems but couldn’t explain what they were. I wanted to have a better mindset and a brighter outlook on life. During the three-week retreat at Gilead Balm, I experienced several improvements. The neurofeedback helped clear my brain fog almost immediately. When I used the hyperbaric oxygen chamber, the massage bed, and the Bemer therapy, I could feel the toxins leaving my body. It felt so good. I could feel the ear ozone therapy getting the infections out, and it helped me think better. My stomach started to feel better after the liver flush and after starting my supplements.

I’m beginning to think more clearly and walk with more coordination. My dad has also noticed these improvements. He says I seem more flexible, and my muscles feel looser. He also noticed that I’m better able to do things on my own. I used to take medication to help me sleep, but I haven’t needed that since being here. My final brain scan showed that the front part of my brain is now very close to normal activity and balance. The immune scan also showed that my original infection issues no longer show up. The counseling I received here has been incredibly helpful as well. I’m learning to focus on the cares of today and let tomorrow’s worries wait for tomorrow.

I’m excited to keep getting better as I continue what I’ve started here. I think this is a perfect place for someone with mental health challenges. Thank you for everything you did for me. You always had a smile for me!”

- Nelson B. from Wisconsin

BRAIN FOG

“Before coming to Gilead Balm, I was always tired. I had brain fog, didn’t sleep well, had stuffed sinuses, had no drive to do anything, and dealt with depression. I had testing done and was recommended a two-week program at the retreat. About ten days into the program, I noticed my brain fog started to clear up. I was sleeping much better, had more energy, and overall felt much better.

My wife went through the program as well, and she had very good results. I enjoyed all the therapies, but my two favorites were the neurofeedback brain therapy and the hyperbaric oxygen therapy. It was so relaxing.

Thank you to all the staff and cooks for everything you’ve done for us! We are so thankful we made the decision to come to Gilead Balm. If you’re not feeling well, we highly recommend that you come and do the program. You may think that a few weeks is a long time to be away from home, but you’ll be amazed at how quickly the time goes here. Rejoice in the Lord always; and again I say, rejoice.”

-Dave

“After one week of therapies at Gilead Balm, my brain fog was gone. Now, after a three-week retreat, I’m sleeping much better. My blood sugars are also within a normal range. This is a nice and quiet place, with a caring staff.”

- Henry and Fannie Swartzentruber

“I always struggled with my health growing up. After being married for three and a half years, my health got even worse. I was having headaches, numerous ear infections, and weak spells. I also battled anxiety. In the last three months before we went to Gilead Balm, I struggled with suicidal thoughts. Now, I feel a lot better and look forward to a healthier future. I also enjoyed the counseling sessions; there are so many reminders in the Bible if we take the time to understand them. In everything, give thanks.”

- A Happy Mom, S. B. K.

“We went to Gilead Balm in February for testing. We had taken Glen to different places over a 6-7 year period, trying to find help and get some answers, but to no avail. They all just kept adjusting his medications. Finally, we came to Gilead Balm, and we felt that the stem cells were a very positive thing. We’ve noticed a lot of improvement in his thinking. Praise the Lord.

We also want to thank the cooks and cleaning staff at the retreat. The scenery here is beautiful, and there’s less stress. To God be all the glory. The staff here know what they’re doing and have a lot of knowledge to share. I’m going home with more knowledge than I came with. I am thankful to everyone.”

- Glen, Sylvia & Monroe Miller

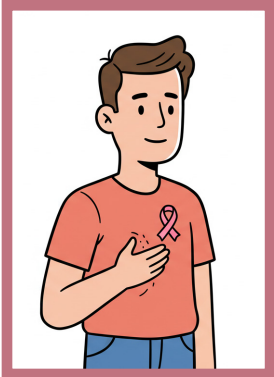
“I had a hard time remembering and thinking, so we decided to get tested. The results showed that I have Leishmaniasis, a parasitic disease. Now, after being here for 3 weeks, I am feeling quite a bit better. My symptoms have improved significantly after going through the retreat.

We had a lot of fun going on walks and playing games. All the staff and cooks are fun and very friendly. It’s a nice place to be, and it’s been great getting to know the people here.

Thanks so much to everyone at Gilead Balm! Keep doing the great work.”

- M.K. in PA

BREAST CANCER



“I was first diagnosed with male breast cancer and treated with chemotherapy. Then, I had surgery, followed by six weeks of radiation. I continued on chemo, and thank the Lord, the cancer went into remission until I developed pain in my hip.

A PET scan showed cancer activity in the pelvis, vertebra, and lung. After many other treatments, the cancer in my body became resistant to chemotherapy, so we found the Gilead Balm program.

We traveled to Ohio for initial testing, which showed hormonal breast cancer, as well as a parasite, bacteria, and an infection. We started on Gilead Balm’s home treatment plan, and then we arrived at Gilead Balm’s retreat. We were warmly welcomed by the staff, fellow patients, and caregivers.

The daily flush of infections was at times appalling, but the pain I had in my pelvis when I arrived is now gone. The digestive challenges I had for years have already improved during our stay as well.

Many thanks to the staff for the daily health coaching and all the behind-the-scenes work to keep the schedule running smoothly. Thanks to the massage therapist for his help with massage and daily activities. Thanks also to the rest of the staff for cooking, cleaning, laundering, maintenance, and transportation. We have been very well cared for.”

- A.D.R.

“One year ago, I was a healthy 58-year-old, shocked to find a lump in my breast. At a respected facility, their plan of treatment was the standard protocol. For me, I could only hear ‘poison, cut, and burn.’ Immediately, I began my pursuit of a non-toxic approach. The very same day I found the lump, I made lifestyle changes instantly. My doctor explained to me that processed sugar feeds cancer, so I quit eating sugar. I also eliminated dairy and wheat from my diet, and exercise became a priority.

After three months on the Gilead Balm Protocol, the cancer markers started to come down. After six months, just in time for a birthday celebration, I received the gift of all cancer markers showing in the normal range.

During the program, I did experience Herxheimer’s reactions (detox reactions). They were mild, with the worst being a lot of itching. To me, it was a very minor tradeoff for killing cancer cells.

I was asked to mention the quality of my life before and after the program. Life before the program was actually great, but life after the program is even more improved and wonderful. I have only gratitude because I now have a full, healthy life. This past year has been one of growth in knowledge and spiritual maturity.

It is my hope that if you are taking the time to read this, you find the same positive results that I did. May God bless you. I know He has blessed me by helping me discover this non-toxic approach to better health. Thank you.”



- Patti

BREAST CANCER

"In early 2011, I found a lump. I went and had it looked at with a mammogram, and they said they didn't see anything, so I just went on with my life. However, I noticed it kept getting bigger. With Western medicine, I was told, 'You're going to need a mastectomy. It's too big.' Then the surgeon said, 'It's too big for a lumpectomy. There are several tumors on the left side.' I then got a PET scan, which showed the cancer had spread into my bones. I started having severe pain in my bones.

After doing the Rife therapy program, the tumor size has decreased a lot, and my cancer markers have all come down by doing the therapies here. My CA 15-3 tumor marker was 193.6, and now it's only 39. The normal range is 1-35. I'm amazed. I feel good, and the back pain has decreased. I haven't taken any pain medication."

- Cori



"I had a lump under my arm for one and a half years. It started to grow toward my breast. Eventually, the lump opened up and drained. I had pain from my breast up toward my shoulder. When we went to a medical doctor, they diagnosed it as breast cancer. We got tested at Gilead Balm. I noticed a little difference the first week at Gilead's retreat. By the second week, I felt more energy. Then, finally, the lump started to shrink, and I also had a lot less pain. By the third week, I was very pleased with the progress."

- Dorothy Zook

"I was diagnosed with breast cancer and had a mastectomy. I was doing well for a few weeks after surgery, but I couldn't regain my strength and kept losing weight. I also had a lot of stomach and bowel issues and couldn't eat much. We decided to come to Gilead Balm, and my scan showed another type of cancer in the outer lining of my organs.

After being at Gilead Balm for a week, I could already eat a lot better and had more energy. By the end of the four-week program, I had gained a lot more strength and was feeling much better. I would highly recommend anyone who's struggling with their health to come here. Gilead Balm offers a very relaxing and friendly environment. I want to thank all the staff for everything they've done for me! All honor and glory to God!"

- Mary R, Ohio



"I think the Gilead Balm Wellness Center is a very good place to be if you are having any health problems. I was on their program for breast cancer. During my three weeks here, I have gotten rid of many infections. There is also such good food, along with friendly people and staff. I am feeling stronger and want to continue the treatments at home."

- R.M.C

BREAST CANCER

"I had cancer 2 years ago and had surgery to remove the cancer. Now I have stage two cancer again. We decided to try the Gilead Balm program. It just made sense to me to rid my body of the infections that are causing the cancer. Now at the end of the 3 week retreat, the lump on my breast is feeling smaller. The over-active voltage in the cerebellum of my brain is down. The cerebellum is a part of the brain that regulates body functions. Lowering the activity in the cerebellum reduced my anxiety. I am now less anxious. I also had Lycogala fungus in my body. This fungus is known to cause immune system reactions, making it harder to avoid sickness. When the immune system is weak, we are more susceptible to get cancer and other infections. I also had low thyroid show up on my scan. Now at the end of the 3-week retreat, the low thyroid is no longer showing up. I did the 3-week home program, then came to Gilead Balm for a 3-week retreat. The retreat is more powerful compared to the home program. The retreat has the benefit of doing the therapies along with the detox. The staff here are great, and the food is very good!"

- M.D., Ohio

"I was diagnosed with breast cancer. Not wanting to go with medical treatment, I was looking for something in the natural way of treatment. I chose to come to Gilead Balm. The therapies went well. I enjoyed the hyperbaric oxygen; it was very relaxing. The staff were very friendly, and the food was good. I praise the Lord for a place like this to go for healing. I am seeing signs of recovery, yet I do not know what the future holds. I trust the Lord will show me further and continue to heal as He sees best. This has been a good experience working with the staff here and sharing with many other clients and caregivers. May God continue to bless the work here."

- M. and S. B.

CANCER



"I was diagnosed with cancer by our doctor. We were faced with making a decision about the best treatment for me. With losing a fair amount of weight, we felt we had to do something as soon as possible. We had a granddaughter who went through the program at Gilead Balm and had good results. After having a discussion with the director at Gilead Balm, we chose to do their program.

After our first week here, we noticed a reduction in the size of the tumor. Within two weeks, I was gaining weight back. The arthritis in my knee is also much better. It was definitely a positive experience to go through the program here at the clinic. The food was also very good and nutritious.

We are thankful to the Lord for the positive changes I experienced in my body. May God's blessing be upon all the staff for what they did to help me."

- R.M.

CHRONIC PAIN

“I was in so much pain that I was always nauseous and constantly throwing up. They decided I must be making it up for attention or because I wanted the medications. I hated taking the medications; I didn’t want to take any of it. It was so frustrating to be in all this pain and not feel well. Having someone tell me that it’s all in my head was really hard to hear when you know how much pain you’re in. It’s like, ‘How can you tell me what I’m feeling? You’re not inside my body.’ It was really hard to deal with.

Even though they were telling me it was all in my head, I went to see three different psychiatrists. The psychiatrists confirmed that it wasn’t all in my head. I was mentally healthy. They actually expected me to be more depressed and have less hope than I did for someone my age going through so much. I never actually thought of killing myself, but I did wonder what the point of being here was, because I was so sick.

My parents were frustrated because no one had a cure or a definitive response. I know they weren’t angry with me, but it felt like it was all my fault. My mom was my best support while I was sick. She was always there for every doctor’s appointment and everything I had to go through. She kept looking and trying to find other options that could make me healthy.”

(Taylor’s Mom): “We live almost two hours from the clinic, so we were driving back and forth every day, almost four hours every day. Then, one day, Taylor said, ‘Mom and Dad, you’ve got to look at me. This is amazing.’ We turned around in our chairs, and she said, ‘Look, the dark circles under my eyes—they’re completely gone.’ Before, Taylor had constant nausea, to the point that she was putting a bowl down everywhere she went. Then she said, ‘I don’t need my bowl anymore.’ She was so cute. She said, ‘I have so much energy. I feel like I could run a marathon.’ I got my daughter back. She’s healthy. She’s happy. She’s back to her normal weight. She almost never has headaches. If she has a headache, she can just take Tylenol and she’s fine. The fibromyalgia is completely gone. She’s back to the way she was before she got sick.”

- Taylor and Her Mom

“When Miriam came to the Gilead Balm Wellness Center, she was always in pain and didn’t sleep well. After some treatment, that has gotten better. I don’t hear her complain about pain anymore. She sleeps better and isn’t pale anymore. She said the massage table felt very good.”

- Miriam’s Mom



“I had back trouble for almost all my life. Because of the pain, I suffered from fatigue and headaches. I tried surgery, chiropractors—you name it. Finally, we decided to go to Gilead Balm. My brain scan results were concerning. Testing at Gilead showed that I had a Chromosome 22 abnormality, likely present since birth. This causes degenerative disk disease, fatigue, headaches, and more.

They recommended a three-week retreat with three stem cell infusions. Within the first few days, I felt a significant difference. I believe the neurofeedback has helped my thinking. We really enjoyed our stay here and became friends with all the staff. The staff went the extra mile, and we appreciate it very much.”

- Paul Eicher

CHRONIC PAIN



“For seven long years, I had been trying to find a remedy for the pain in my body, but it just kept getting worse. Now, in just two short weeks of being at Gilead Balm, my pain is gone! Life has become enjoyable, livable, and exciting again. My feet used to be so tender and painful, but now I can walk on them! I felt so good that I tried running and found there was no pain in that either. Wow, was I excited! This is wonderful. For most of the days after that, I was able to go on a morning jog and slowly increase the distance I went. When I first arrived, jogging any distance seemed unthinkable.

Soon after that, no more pain in my hands. When I had been at the retreat for almost two weeks, I woke up one morning and realized I felt so good. My body felt so well-rested and relaxed, even down to my bones. I groaned with joy because I was now

able to live life again. On the weekends, there were village soccer games nearby the retreat. I joined in the game and was able to keep up with the others. My wife, the staff, and I were amazed at the difference they could see in my ability to move and play with the energy of a young kid again.

My ability to do things, my capacity to think, ask questions, and engage in discussions with others was back. My wife and others were amazed at all the changes. Before, my pain was so constantly present that I didn't care to have any discussions or make any decisions. I started caring again about what was happening in my life and the lives of those around me. With plans to return home, I now have more specific ideas of how I would like things to be and look.

My wife is so pleased to have her husband back because now I'm interested in our life together with our children. Before, I had little energy to help out or do much with the kids, so she had very little time to take care of herself. I'm so glad she can start recovering now as well. My wife's relief in seeing me get well has been such a blessing for me. Now she has to get used to me being better and able to do more. It was great to notice that my skin and muscles had become much softer now that I was no longer so tense from pain.

When this all started seven years ago, I studied hard in the book of Job. I wanted to be similar to Job, to worship God in the midst of suffering. I did feel His presence through it all and the security of trusting Him. I was able to realize the blessings He brought to me and others through it all. We want to give God all the glory for what He has done through all of this.

We were also blessed in the fact that our loved ones, on both sides of the family, had no disagreements about the care that was needed. They could all step in here at the retreat and help where needed. The community support in so many ways was such a blessing. We also want to thank all the staff for their loving care and service throughout this journey. We are grateful to have met them all.”

- Eli Stoltzfus, Lebanon County, PA

CHRONIC PAIN

“My varicose veins were getting really bad, making it hard to be on my feet. The lump behind one of my ears was causing pain that radiated into my neck and chest area. Life was getting harder day by day. While doing the therapy program at Gilead Balm Wellness Center, I shared my health concerns with my health coach. The instructions he gave me were incredibly helpful.

It has been exciting to see many of the problems I came in with improve. My latest brain scan, at the end of my retreat, showed healthy improvements. I’m sleeping much better, and the infections I came in with have been significantly reduced—they are no longer showing up on my infection scan.

The fact that my headaches, shoulder pain, and ear pain are almost gone really tells me that these therapies have been working. Even my legs are so much better that I can run with much more ease than before. My heart is beating more normally, and the hot flashes I was experiencing are not as intense. I am thankful for the help I am receiving now and for my family’s support during this time.”

- K.B.



“We had been reading the testimonials in the Gilead Balm newsletter for over a year and decided to get tested. Having health issues of her own, my wife decided to do a brain scan and Rife scan. The tests revealed various infections that were causing her feet, legs, and toes to be extremely sensitive, with a numb and burning sensation. She would also experience bouts of shakiness when stressed or traveling, which occasionally affected her sleep.

Going through the program here at Gilead Balm has been a good experience. The people you meet, the fellowship, and the helpful

Christian staff have all been very pleasant. My wife does feel better and lighter. Her legs and feet are less sensitive, and she hasn’t had any shaky episodes lately. She says the detox program makes her feel cleaner. They helped loosen up her shoulders, legs, and feet. Neurofeedback also makes her feel good all over; she says it’s relaxing and energizing.

My brain scan now shows much closer to normal brain activity, and it’s no wonder that my ability to retain information is improving. The Rife scan is showing really good results from the program as well. My legs feel lighter, and the swelling and edema I was experiencing have reduced. I’m noticing an increase in my energy as well. The infections I’ve been removing through the program have really helped my body have the ability to address these issues.

The method here at Gilead Balm—getting to the root of the problem and removing the cause—is so much more appealing than the traditional medical route.”

- S. & L.

COLON CANCER

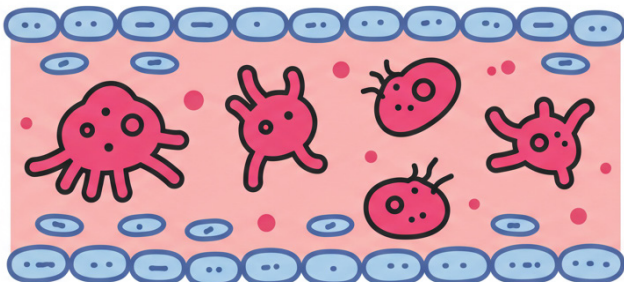
"We found out that my colon cancer had metastasized and spread to my lungs. I learned that I had three masses, one of which was inoperable, very close to my aorta, and entangled in the lymph nodes. So, there wasn't much hope for me. I had horrible diarrhea, lost weight—down to only 100 pounds in a month. I couldn't believe how wasted I was, how old I looked, and how bent over I had become. I couldn't even stand up straight.

After coming to the clinic, I was greeted warmly. My family started commenting on how much energy I had, how my color was improving, how much happier I was, and how I was smiling more. My eyes were brighter, and my overall outlook was so much better. My white blood cell count is now normal, my oxygen saturation is 97%, and my heart rate is now perfect.

We all celebrated by going to some antique stores and a quilting store. We walked all over the place, and I had so much energy. My friends were commenting on it. Now, a couple of months later, I've just felt better and better each month. My husband and I went on our first date in five years the other night, and it meant so much to me to be able to go somewhere with him and feel decent. My husband is just so happy. Every morning, he wakes up and asks, 'How are you feeling today?'

I have a totally different outlook on things. It's a wonderful program, and I'm just so thrilled."

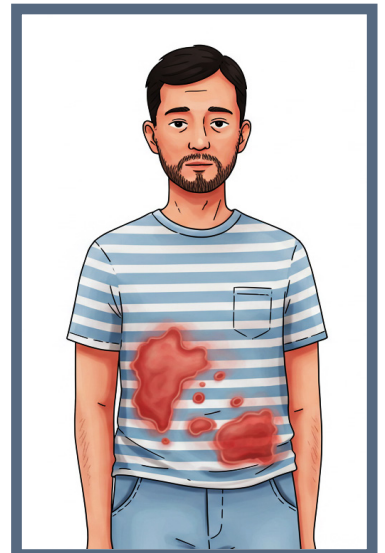
- Vicky



"My dad, Peter, started suffering from colon cancer in April of 2023. We chose not to pursue chemotherapy. Instead, we decided to apply the best of natural remedies. Now, we are here receiving treatment at Gilead Balm. Thanks to God for such an opportunity. We very much appreciate the lovely conduct, atmosphere, friendly staff, cooks, and everything that is done here. We are seeing very good results."

- David Harder (Peter's son),
from the country of Belize (in South America)

"I was diagnosed with colon cancer that had spread to my liver. The doctor said it was stage four and incurable. We started the Rife therapy program. My abdomen was bloated, and you could feel the tumors in my abdomen. After several weeks, we could no longer feel them. They just disappeared.



When we first found out about the cancer, they did some blood work, including a CEA blood test. Originally, it was around 248, but now it is 7.5. I'm healthier than I've been in a long time, and I look better than I did when we first started this whole process. I've been able to get back to work after not working for six months. My brain has cleared, and this is just wonderful.

We are really excited with the progress that's happening as we've gone through these treatments. We can't think of anything better than what we're doing right now."

- J.D.

"I went in for a hysterectomy, then did chemotherapy. Right away, I had severe leg pain and had to rely on strong pain medication. I started getting ulcers, so they ordered a colonoscopy. However, they couldn't even get through my colon because it was so full of cancer. I had a huge surgery to remove my colon. I did chemotherapy again, but this time I became allergic to it. It affected me mentally and started to block up my digestive system.

For months, I was in and out of emergency rooms. They would just tell me, 'It's some kind of blockage. Go home and try to eat again.' Nobody was listening to me about it. They just wanted to give me more and more chemotherapy. I knew that the more chemotherapy you take, the higher your odds of getting cancer from it. I decided I couldn't do it. Some family members struggled with that decision, but I felt a peace about not going through with it.

In May of 2012, I started the Gilead Balm Protocol. At that time, my CA-125 cancer marker was at 189. After I went home and continued the detox at home, I did another test. My CA-125 had dropped 80 points within the first month.

While doing the Gilead Balm Protocol, I suffered through some things, but it didn't feel like I was being poisoned. Even though I still hurt, it felt different. Now, a year later, I am doing well and can do my housework. If I hadn't done the Rife therapy last year, I would have been gone."

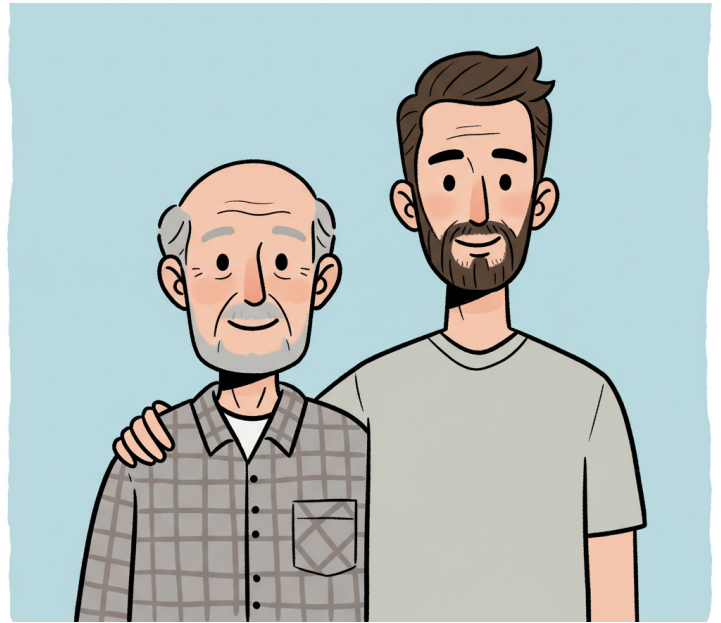
- Tamra

"I, David, am 45, and my dad, Peter, is 66. He has suffered from colon cancer since April 5, 2023, when a solid obstruction caused him a lot of pain. A CT scan was taken, and surgery was performed, as it was impossible to live with the blockage. This was very unexpected, though my dad says he had some issues in the past that we, as a family, were not aware of.

The test results showed cancer, and chemotherapy treatment was offered, but we, as a family, decided not to go that route. Instead, we chose to apply the best of natural remedies. Today, we are here receiving treatment, and we thank God for such an opportunity.

We appreciate the lovely conduct, atmosphere, friendly staff, cooks, and all that has been done for us. I especially enjoyed just marveling and meditating on God's creation."

- David Harder



"I, Peter Harder, experienced a sudden colon obstruction as described, although I had some signs before. As we did not want to take the radiation nor the chemotherapy, I took natural stuff and had very good results."

- Peter Harder

“We’re thankful that Gilead Balm did testing for my husband’s severe depression to get to the root of the problem. Through a full-body scan, we discovered that he has chronic parasite infections and many other issues we weren’t aware of. We also found out that our house has four different kinds of mold.

We saw some improvements after a few days of our stay, but he didn’t make significant progress until about 19 days into our stay. Morning exercises and walking were one of the highlights! It was so refreshing. We also enjoyed making new friends from various places.”

- Client from Iowa

DEPRESSION

“I am thankful for the counseling at Gilead Balm. It is just amazing that if I tell my counselor about my struggles or mistakes, she uses the Bible to answer my questions. That is one thing I really appreciate. If we would try to do it without that, it would not work the way it is working. I understand the Bible better now when she explains it to me. I feel so much better in my head. I do not have to use other things to be happy anymore, because I am naturally feeling happier now. I was grouchy before I went to Gilead Balm. It is a whole new life now. I have much to be thankful for. I told my husband that it was very good to be reminded by the counselor how to train the children when they are quarreling. I want to help them to be kind. I want to plant it in their hearts. Since I feel so much better in my head, staying calm is just not hard to do. I still have my instinct to let words come out that do not need to. But it is not nearly as hard to stay calm. My words are coming out more lovingly now. I have heard many of the verses that came up in counseling before. But having it explained like that in counseling was very helpful. I want my words to be helpful. It’s amazing that the treatments at Gilead Balm work together with the counseling to help with healing. I have a lot to be thankful for.”

- Sarah Stoltzfus

“When I came to Gilead Balm, I didn’t care about what was happening around me. I was so depressed and anxious. After being here for one and a half to two weeks, I started feeling much better. The neurofeedback was very soothing, and I enjoyed it the most out of all the therapies done at Gilead Balm. The counseling was also exceptional and Bible-based.

My brain scan looks so much better, and I look forward to going home and applying what I’ve learned here, both from counseling and healthy eating. God bless your work here at Gilead Balm.”

- Mary King



“One thing I learned from counseling is that not all counselors are the same. I found that I could open up and trust my counselor at Gilead Balm. The counseling has helped my mind become more and more thankful. The talks I had with my counselor were very encouraging to me. I am learning how to relax and not be afraid.

I was terrified about counseling at first, but my counselor gave me many ideas about thinking differently. It makes me feel much calmer. These ideas helped me shift my thoughts, and the counseling has been very helpful to me.”

- L.

DEPRESSION



“I am thankful to God for His direction in my life and for leading me to Gilead Balm Wellness Center. I struggled with depression for a very long time and eventually became suicidal. I had a lot of pain in my head and struggled to concentrate and think clearly. I isolated myself as much as I could; I didn’t enjoy youth activities or any social gatherings, and I despised myself for my struggles. We tried many different medications and massage treatments, but nothing ever helped.

Then, someone suggested Gilead Balm Wellness Center to my parents. So, we set up an appointment for a three-week program. I wasn’t sure it was helping in the first two weeks, but suddenly, by the third week, I started feeling a lot better. My anxiety was pretty much completely gone, and my pain was subsiding.

I also enjoyed my counseling sessions and learned a lot about different characters in the Bible. I learned how God related to them and how I can apply that to my life today. One of the first things that helped me in counseling was writing down things I was thankful for. My counselor encouraged me to look for things to be thankful for. It’s helpful because it gets my mind off my own problems. Life looks better when I remember there is always something to be thankful for.

In counseling, I was reminded about what life really is. It’s not just about getting ahead. The seriousness of life was brought to light. Life is actually about God, honoring Him, and loving the people around you. The people in our lives don’t always make it easy to love them. But thinking about God and how He loves us makes it easier to love others and put them first.

It seems as if life revolves around getting ahead. We’re always busy and forget the things that really matter. But the most important thing is God, what He did for us, and how much He loves us. His Bible gives us everything we need for life and godliness. It brings out the importance of what life really is.

Sharing traumatic things helped ease the pain. Even though it’s hard for me to talk, I was able to open up to my counselor. I want to help others be able to share. I try to stay focused on serving those around me rather than getting stuck in my own struggles. I’m using the ideas from the list Karen gave me. I try to sing, and that helps.

One thing that really helped recently was to take a song or a Bible verse, write it out, and put it in my pocket, drawing strength from it. The words help me. Counseling was very helpful to me.”

- JH.

DEPRESSION

“The counseling at Gilead Balm has helped me become more thankful. When my counselor shares something, I think, ‘That is exactly how it is.’ I am thankful for the Bible verses we discussed in counseling. It is helpful to apply these verses to my daily life. I am especially thankful for the Ephesians 6 verses about a Christian’s armor. Counseling helped me to look for the thankful things in life. These things were always there; I just wasn’t looking for them. I am truly grateful for the counseling I received at Gilead Balm.”

- K.D.

“Before I came to Gilead Balm, I had a very hard time focusing. I suspect the depression medication I had been taking for over a decade was affecting my ability to focus. Communicating, focusing, and remembering were all very difficult for me. I wanted to lose weight, quit smoking, and feel better overall.

After just a couple of days at Gilead Balm, I started to notice some changes. I didn’t feel as weighed down. My memory and focus have started to improve, too. I can really feel the difference in my head. My brain scan is showing healthier activity. Ten years ago, I could hardly focus well enough to read, but now I’m able to finish whole books again.

My family and friends who came to visit me and care for me at the retreat have also noticed changes. They’ve told me I’m communicating better. I’m now losing weight, thinking more clearly, and I’m not as pale as I was. I have more energy. The buffeting massage therapy and hydromassage tables have helped take my stress away. The detox program here has been helpful in getting infections out of my body for good.

I look forward to doing more things now that I have more energy.”

- Anonymous

“Before I came to Gilead Balm, I had been struggling with depression, brain fog, and low energy. I was always tired, and my body ached all over. I also had a poor memory and couldn’t focus or concentrate very well.



My first stay at Gilead Balm was for two weeks. It was a little tough to get started with all the therapies and supplements, but soon the program began doing its job. I began to pass infections and parasites, and I could tell there was a difference physically. My achy muscles and joints started to go away, and I had more energy. I wasn’t so tired all the time.

After a while, I came back to Gilead Balm for another three weeks. There has been so much improvement, both mentally and physically. The depression and brain fog are a lot better. My memory, focus, and concentration have improved as well.”

- Client from Wisconsin

“I used to have a struggle to stay on top. After a five-week stay at Gilead Balm, it has helped me so much. I understand things better in the Bible when we talk about them. I find verses that stand out to me. I am glad to be thinking of things to be thankful for. It feels good to hear the encouraging things that please God. I enjoyed every bit of the counseling, and I thank God for it.”

- Anonymous

DEPRESSION

- Janette Janzen, Ontario, Canada

"I faced many hurts in the past that I had covered up for years. I was an extremely quiet girl and mostly stayed in my corner. I had built a wall around myself, and no one was allowed to get through. I was miserable, and my heart ached continually. I was bitter and didn't understand why all these calamities were happening to me. I closed myself off to others and was afraid to talk to anyone. I hated everyone and everything. I couldn't seem to forgive those who had hurt me in the past.

Then, I came to Gilead Balm to stay with my parents since my dad was doing a therapy program there. It wasn't long before my mom asked me if I wanted to go for counseling at Gilead Balm. I was terribly nervous about it because I had never talked to anyone about myself, but I wanted so badly to be happy. Overcoming the fear of man and forgiveness were two big things for me. I struggled for quite a while with the fact that, in order to heal from my hurts, I would need to be willing to go to the people who wronged me and work things out with them. I clearly remember the counselor bringing these concepts up to me repeatedly in our sessions.

Yes, I struggled through it all. But with God's help, and the help of those at Gilead Balm, I have learned to overcome my fear of man and become the person God really intended for me to be. The directors at Gilead Balm were wonderful throughout it all. Now, I actually enjoy being around people. I enjoy talking, and I feel happy through and through! I feel that God has really used the staff at Gilead Balm, along with their therapies, to help me overcome my hurts, forgive those from my past, and come through victorious.

I am definitely not done with this journey, but just the fact that I want to go back to those who hurt me, talk to them, forgive them, and the fact that I can be happy, is more than enough to praise God for!"

After coming home, Janette wrote this:

"I knew I needed to go to the man, explain how much he had hurt me, and ask for his forgiveness for holding a grudge for so long. My age-old struggle with the fear of man came back full force. I resisted for a while, as my parents, God, and the counselor kept telling me this was the only way for me to find peace. At long last, I agreed. A date was set. I followed my mother into the room where I was to speak my heart to the person I had secretly hated for so long.

When I walked out of that room a little while later, I knew I had done my part. The person apologized and asked for my forgiveness, too. I forgave him. At first, I didn't feel much different. I struggled because I didn't think it had helped that much. Then, I slowly noticed a change taking place in my heart. I started to work hard to listen to that person with an open and forgiving mind. I was fighting hatred and clinging to every thread of love I could find. After a long, painful battle, I began to realize I didn't need to fight so hard to love. I could talk with and about him with a clean heart and mind. With God's help, I was defeating hatred!

My mother noticed I sang more as I worked. I was definitely more cheerful. She called it a 'breakthrough.' Forgiveness does not come naturally to a human heart, but with hard work, true love, and prayer, it is possible! I also found this experience forced me to put aside that gnawing fear of man. Since I've taken that step, I feel ready to do more. I feel much happier and at rest with God!"

DEPRESSION

"I suffered from depression and anxiety for about four years. It affected my energy level and my ability to focus. After completing three weeks of the program here, my energy and focus are better. The fatigue is not as bad as it was before, and my digestion is going better, too.

Counseling here has allowed me to examine various Bible characters and what they did when they felt depressed. Morning devotions were a good time to join with the other clients and talk about the Bible together. When I saw my brain scan results were better than when I started, it was really good news. I know the counseling and neurofeedback have really helped me in this area.

After going over my immune system results at the end of the retreat, I was encouraged to see that the infections I had before are no longer such a problem. My wife and I are excited to see the changes. I praise God that we found Gilead Balm Wellness Center; it was an answer to prayer. Thank you to everyone involved. It was a pleasant stay."

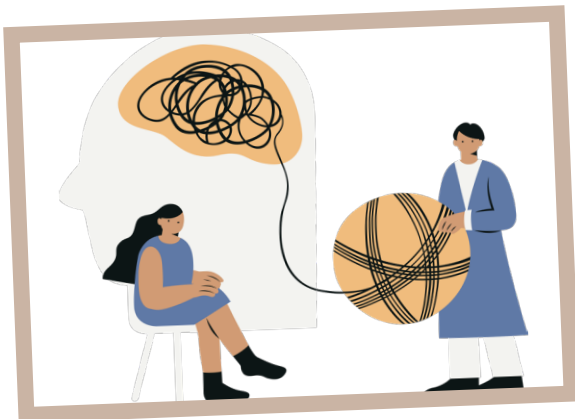
- A.B. from Pennsylvania

"I feel the wellness center was a good place to take a break and get my body healed. I now feel more relaxed than I did before. When I first came here, I could hardly hold a conversation with others because I felt so agitated and discouraged. I used to feel a burning inflammation in my head, and when this happened, I would feel depressed and could hardly think about what to do.

At this point, my head feels better. I am now reading my Bible along with the prayer book, praying for God's help, and trusting in Him instead of myself. With these changes in my life, both physically and spiritually, my sense of humor has returned. Others say I am more bubbly and talkative. I have lost about 15 pounds. I am walking and exercising more. Toxins are coming out of me, and the therapies here are helping to break down the toxins.

I like to do the hyperbaric oxygen therapy first because I can feel it stirring up the toxins. I can also feel the supplements making a difference. I am looking forward to going back home and being the best mom I can be."

- Anna



"Gilead Balm has been a wonderful place for getting help. My husband had depression and anxiety, and we heard about Gilead Balm and decided to check it out. We feel it was well worth trying. It has helped him a lot. He had swelling in his feet and ankles and was on water pills. After being there for a while, he no longer needed to use the water pills and was able to quit one of his depression medications. He lost weight, is more alert, and has more energy.

We really enjoyed our stay there; it was a nice, quiet place. We had our own room, and the food was delicious and

healthy. The cooks did a wonderful job. It was also nice having devotions in the morning with the rest of the group and just being together as a family. We truly appreciate what the staff did for us. It was great meeting the staff and other clients. Many thanks for their loving care and service through it all. Thank you for the good counseling, based on God's word."

- Becca



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- Sarah H.

EAR CANCER

“When we first arrived, the protocol appeared very overwhelming. But it got better as time went on. We were very blessed when we first noticed that the bump in front of our son’s ear had gotten smaller—this was approximately 1 ½ weeks into the program. Then, a couple of weeks later, we got the good news that the Rife scan showed no cancer. Many thanks to the cleaning staff who come every day to clean our rooms and are so patient when they can’t get in right away. To all the staff, thank you for being so patient and kind with our group. Thanks for being so faithful with the Rife therapy and neurofeedback. Thanks to everyone for all the hard work you do to make this place function. And thank you so much to all the cooks for the delicious meals. May God bless you richly. May God bless your perseverance.”



- Joseph & Christina Schwartz

DIABETES

“Living with diabetes was challenging and often felt like an uphill battle. I decided to try stem cell therapy, and the results have been incredible. My insulin dependency has decreased dramatically, and my overall health has improved. This therapy has truly been life-changing, and I can now enjoy activities that I thought were no longer possible.”

- John M.

“For years, I struggled with diabetes, dealing with constant fatigue and the daily hassle of managing my condition. Stem cell therapy has transformed my life. My blood sugar levels are now within a normal range, and I no longer experience the debilitating symptoms that once controlled my life. I feel like I have a new chance to live a healthy, active life.”

- Emily R.

“After being diagnosed with diabetes, I felt overwhelmed and scared about my future. Stem cell therapy offered me hope and a chance to take control of my health. Since receiving the treatment, my blood sugar levels have improved significantly, and I feel more like myself again. This therapy has given me a new perspective and a brighter outlook on life.”

- Michael T.

EPSTEIN BARR VIRUS

"I have been diagnosed with Epstein Barr Virus infections. Before I came to Gilead Balm, I was struggling with fatigue, migraines, and vertigo. Now, after being here for almost two weeks, my symptoms have been improving. I feel rejuvenated in both mind and body, and I have a lot more energy!"



My favorite therapies were the neurofeedback, hydro-massage, and the hyperbaric oxygen chamber. Daily health coaching was also very helpful and appreciated. Morning devotions and exercises were always enjoyed with other clients. I feel blessed to have a place like this to come to. Thanks to the staff and fellow residents for making my stay a worthwhile one. Giving all honor and glory to the Almighty Healer."

- I.E.

"It was a worthwhile experience at Gilead Balm. I enjoyed fishing in the pond. The daily health coaching helped a lot with questions along the way. It is encouraging to see all the toxins and infections eliminated in the toilet. This program all makes sense: how the body cannot heal properly with infections still in the body. The scan before we went home showed that the Epstein-Barr Virus in my brain is gone. I felt encouraged to stay dedicated to the home program, hoping to get rid of more infections. I would encourage anybody with health issues to consider this program."

-R.Z.



Gilead Balm Wellness Center provides a peaceful environment for healing

"I started feeling tired, confused, and sad by the end of a day's work in early spring of 2023. We did some testing at a different place and got diagnosed with Epstein-Barr. I got some supplements, but they weren't working. The people we got them from didn't seem sincere and didn't really care. In September, I had a three-week stay at Gilead Balm. Before I came, I was having trouble falling asleep. Soon after arriving at Gilead Balm, I slept much better, waking up feeling refreshed. The staff were very helpful, and the food and fellowship were also very good. After I came home, I had some down times, but I kept steadily improving.

I understand that there are many different health practices, and none of them are perfect. But we felt like the team at Gilead Balm truly cared, and it was the beginning of a health journey for me that has been working. This is now a year later, and I'm still gaining. Probably the only thing I would do differently is stick to the protocol better than I did. There were times that it was hard and seemed like a punishment, but looking back, I'm glad that I got the privilege to learn what I did."

- Jonathan Hershberger

"We don't regret that we took our son to Gilead Balm for three weeks. We definitely saw a difference in him from last summer. He can now do a day's worth of work and feel tired but not depressed. We've learned a lot about our health in the last year, and we are still learning. We enjoyed our stay at Gilead Balm, the caring staff, and the good food."

- Jonathan's Mom

FAMILY PROBLEMS

"Gilead Balm has been a wonderful place to experience learning and healing. When I arrived, I had problems communicating effectively and being a strong leader in our home. Counseling has helped me gain the courage to make wiser decisions. The relationship between my wife and me has greatly improved. I enjoyed the lake, spending time with the other clients, eating the good meals, singing, and watching the younger people play."

- From the Dad

"At first, when I came to Gilead Balm, I was very unhappy and longed to go home. I was not talking or participating in conversations, and I was still not doing very well emotionally. However, towards the end of my stay, things went quite well. I learned to express my love for my husband and gained the courage to participate in the activities and in counseling. I learned to submit to my husband as the head of the home, even when my opinions differ and I don't fully understand. I also had some fun times with the staff here at Gilead Balm. I enjoyed our lake view outside and walking around the lake. Thank you for the friendships here at Gilead Balm, for the good meals, and for all you did for me. I enjoyed the stay, even though we had some hard things to work through."

- From the Mom

- From their Son

"When I arrived at Gilead Balm, I was having a hard time focusing on what I should be doing. I also got quite frustrated and acted impulsively at times. After going through all the therapies and a few weeks of counseling at Gilead Balm, I feel much more cooperative and ready to start over. The staff says I have come a long way. They say I look much happier and healthier. I really enjoyed boating, fishing, and all the games we played together in the evenings. The last weekend my parents and I were here, we had a campfire to roast hot dogs for supper. We enjoyed eating together and singing outside in the fresh evening air."

FETAL ALCOHOL SYNDROME



“I am from a conservative Mennonite background in Ontario, Canada. The details around my birth are not clear; no one really knows what happened. I was adopted at birth, and my parents have taken good care of me over the years. However, my mom and dad suspected that my birth mother, from a native tribe background, drank alcohol during her pregnancy with me. This causes a certain type of brain damage, especially in the front part of the brain, which regulates judgment and decision-making. It is called Fetal Alcohol Syndrome or ‘FAS.’

During my growing up years, I was very energetic and hyper. I was always an “in-trouble” type of person, but I always enjoyed working hard. As a teenager, I worked long hours, which caused a lot of stress at home. I lived a very active and full life, but I had a rough time processing things emotionally. While others seemed to get over things quickly, I never could find peace. I didn’t know how to handle my own grief and often blamed God and others for the things that happened in my life. Physically, I gained a lot of weight and became lethargic. I always felt empty inside. I had an awful diet due to stress, work, and travel. Then, in 2018, a good friend came to Gilead Balm Wellness Center. At the beginning of 2019, there was an opening for me to come to the wellness center, and we got started.

Since then, my stress levels have gone down. I don’t feel like I’ve been run over by a truck every morning when I wake up, like I used to. I’m sleeping better and feeling much more relaxed and calm during the day. I can actually breathe through my nose again. I’m losing weight, and I can feel the new diet and supplements I’m taking really making a difference in my health. My brain scans are showing marked improvement. The science behind the therapies makes sense to me, and the way it is explained here is simple and straightforward.

To others who read this, please realize your neurological problems and lifestyle stress are very much related to the physical health of your brain and body. I wish I had taken the initiative a long time ago to seek help. If you are struggling, please reach out. There is hope. I am finding it.

My physical health problems, some right from birth, certainly had an impact on my emotions and thinking. However, I also realize more than ever before the degree to which I still bear personal responsibility for my actions. In addition to correcting certain brainwave issues and physical health problems, I have learned how to extend forgiveness, seek reconciliation, and work through painful issues surrounding relationships in my life. I hope my story is an encouragement to you.”

- Leon Stutzman Ontario, Canada

FOCUS & CONCENTRATION PROBLEMS

"I did a 3-week program at Gilead Balm, and it is a great place to stay. I greatly enjoyed the lake. When the sun comes up, the glitter on the water is like Christmas lights. The lake is very relaxing and made me feel like God was close. Seeing the Amish going to work down the road early in the morning just felt like home.

The reason for coming to Gilead Balm was to help with my depression and anxiety. The testing at Gilead Balm showed that I have a lot of extra fluid around my brain, which causes depression. At the end of the 3 weeks, my depression is lessened. My focus, concentration, and brain fog are all much better. Counseling with Roger was very helpful. He helped me work through things that were stressing me out and causing me to feel depressed.

I am able to feel closer to God, and I also have a lot more energy. I'm excited to get back to work. Before coming to Gilead Balm, I heard a lot of negative things about them. I was very skeptical about going. I'm now glad I did the program. I can say that the negative things I was hearing are not true. The staff on site are Amish and very professional. Let's remember that rumors are gossip."

- B. Stoltzfus



FOOD ALLERGIES



"I want to first thank God our Father and our Lord Jesus Christ for making a way for me to come here to Gilead Balm. My caregiver and I are rejoicing in all the things God has done, and is doing, for all the people here. I want to thank the staff for all the things they do. The family atmosphere made for an enjoyable time. I have been struggling with digestion issues for many years, which led to brain fog, weakness, and hormone problems. I had eliminated foods from my diet until there were no foods that sat well in my gut. I came to Gilead Balm at the end of September 2021 for testing. The testing showed that I had two infections: a fungus and a parasite.

My church family decided I should stay at the wellness center for a retreat. My therapies started February 9th and ended March 9th. Now, my brain fog is much better. I have more energy. My muscles do not ache as much. I am not as weak anymore. My digestion has improved. This is a good place to come when supplements and diet are not enough to help with your health issues. This process takes a giving up of self and a life fully surrendered to God. I am learning that problems and difficulties are actually useful. They help us look for answers and help others."

- Audrey DeFouw from Lena, Wisconsin



"I arrived at Gilead Balm not knowing anything about it, except I knew I came here to work on healing a dramatic head injury from being kicked in the head by a draft horse. After I arrived at the wellness center, I was too stubborn to admit that I needed help. It took

a whole week for the director and my home ministry to persuade me to accept the program. The first four weeks were rough, trying to control my longings to just go home. I wish I would have accepted help right away.

I recommend Gilead Balm to anybody struggling with physical or psychiatric health problems. We can't thank God enough for providing a place like this where people can have successful healing journeys. I remember how I felt when people left to go back home. I was glad to see them being able to go back home to their families. Each of us experienced a different healing journey. At the end, it seemed like saying goodbye to family members.

I want to voice my appreciation for all the staff and fellow residents for making my stay a worthwhile one. May God bless each one of you, restore good health, and make you a blessing."

- A.E. in Indiana

HEAD INJURY

"I had head injuries and health challenges. I did a 3-week program at Gilead Balm and got good results. It helped me feel more alert, calmer and happier, and I could handle stress better. I would like to encourage everyone with mental illnesses and health challenges to do something about it as soon as possible and find the root cause of it. Almost always mental illnesses come from physical health issues, head injuries, or trauma. Even getting extra cranial treatments after getting a head injury is sometimes not enough. The second scan we did was better but there were still things that could be better. I decided to come back a week and a half later and do another 2 1/2 weeks of the therapies. At the end of another 2 1/2 weeks of therapies, I did another scan. A purpura virus and gastrointestinal hemorrhage were no longer showing on the scan. There were still some genetic things showing on the scan which are not able to be changed. I am amazed how the program helped me feel so much better. I also feel it is very important to watch the diet while fighting infections and trying to recover. A big thank you to all the staff at Gilead Balm for making it such a relaxing, homey place to be. Your friendly, cheerful attitudes make the journey so much easier."

E.S. from Lancaster Co. PA

HEADACHES

"I was struggling a lot with low energy and headaches, so I came to Gilead Balm for 3 weeks. It went by so fast. It was great to be here, and I'm feeling better. The staff was great, and the food was good as well. Thank you to the staff for making this a happy place. The cleaning ladies did a super job in keeping our rooms and everything clean. They are very sweet."

- Anonymous

"I had been having problems with headaches and fatigue for a couple of years. We tried a few different places to get help, but to no avail, so we finally decided to try Gilead Balm. We came here for testing and decided to try the program. At first, it seemed really overwhelming to us. But by the end of the 3-week program here at Gilead Balm, all my symptoms felt better, and my test results looked much better."

- Client from Ohio

HEADACHES

"I haven't had a headache for four weeks, after having daily headaches my entire life. I also had stomach pain and gas for my whole life. Eating always made it worse. Now, I don't get any gas after I eat, and I haven't had any stomach pain either for four weeks. I feel better than I ever have in my whole life. I used to get chiropractic treatments, and it would hurt so bad when they pressed on my body. My whole body would feel in pain. Now, when the massage therapist at Gilead Balm does the massage, I don't feel that inflammation acting up in my body.

I used to have a lot of anger issues, but now it feels completely different. Little things that used to make me angry no longer do, and it's easier to be kind to people. My marriage is much better now. I've learned a lot through the marriage counseling at Gilead Balm. I can express myself to my wife like never before. I'm learning to be more Christlike and understanding the expectations that should be placed on a husband. Before, it never registered for me what I should be doing. My wife always said my brain just wasn't able to process it. That was true, but now I can actually process information clearly after doing the neurofeedback brain therapy.

My anxiety seems to be gone. I used to feel anxious in crowds or even at church with a lot of other people. Now, being with the crowd here at Gilead Balm, I don't feel uncomfortable at all. I'm looking forward to going to church again and being with larger groups. Overall, I'm thinking deeper than I ever have before, both mentally and spiritually. My mood is stable, and I'm not on any medications at this point. I would recommend Gilead Balm Wellness Center as a good program to help you physically, emotionally, and spiritually. They tie all three together in a very good way."

- Orvan Beechy Wolcottville, Indiana

HEARING LOSS

"Greetings of love in Jesus' name. We arrived here at Gilead Balm 3 weeks ago, and I can almost not believe how my body has made progress. I had Otologic disease in my inner ear which causes hearing loss. It is completely gone after 3 weeks of being at the clinic. My hearing is improving, and I believe it will get even better once the inflammation is gone. I also had other infections, bacteria, and fungus in my body, which seem to be much better. I had fungal infections, bacterial infections, and viral infections in my reproductive organs. This would make sense as to why I was having miscarriages. There was also candida showing on my adrenal glands that was affecting my energy. My energy has improved. I also had a Gyrodactylus parasite in my liver that affected my digestion. This parasite is also no longer detected on my last Rife scan. My digestion is a lot better too. I enjoyed doing the counseling with Karen. It was helpful to work through stressful things that happen in everyday life. It was helpful to learn how to communicate better. God is so good!"



- S.S.

HORMONE ISSUES

“I had just turned 40 when I started experiencing hormonal dysfunction that caused me to bleed almost constantly. My periods were less than three weeks apart, and each period would last for ten days. Fortunately, my family supported me in finding ways to heal. As a result of my hormone dysfunction, I had pain in my back, hips, and knees, and sometimes I wasn’t able to do my work. I also had a tendency to gain weight and experience constipation. Supplements didn’t offer many results. After completing this program, my periods and hormonal balance returned to normal within one month. The pain lessened and completely disappeared after two months. Since the program includes colon cleansing, my constipation was thoroughly addressed. Over the course of three months, I experienced several improvements:

1. My hair grew longer than ever before. I always liked having long hair, but it was never able to grow before.
2. My energy level increased.
3. My mood improved.
4. My mind became more focused, and I was able to concentrate on taking better care of the children.

To this day, years later, I still have long, beautiful hair. My hormone balance has been very good, and I have not needed to take any other type of hormone treatment.”

- Lucia A



- Client from New York

“I started experiencing anxiety attacks, battling depression, and feeling constantly fatigued. The anxiety attacks and depression eventually got so bad that I could hardly sleep or eat. My body became very sensitive to many foods, chemicals, and other substances. We came to Gilead Balm and did both a brain scan and an infection scan. It showed an infection in my brain, and not enough oxygen was getting to it. Fluid was also not draining properly, which was putting pressure on my brain. All these factors were disrupting my hormones. I did a four-week program at Gilead Balm, and I feel much better. I have a lot more energy and am more stable. I sleep most of the night and feel more rested. My brain feels lighter. The staff was so friendly and helpful. We feel blessed to have a place like Gilead Balm to go to.”

“I was having low energy, hot flashes, and a chronic cough and sinus issues for a year. I decided to do a program at Gilead Balm Wellness Center. After I did the scan and understood what was going on, we did a 3-week program at Gilead Balm with all the therapies and detoxification. Along with their counseling, I am feeling a lot better. My final scan is showing that the fungal infection that was causing my cough and sinus is no longer showing up. I also have more energy. There was also a virus that was causing breast tenderness and hot flashes. These symptoms are also improving. I also had voltage problems in the frontal and temporal lobes of the brain. After 3 weeks of neurofeedback and counseling these voltage problems are no longer being detected. I really enjoyed the counseling. It is very helpful to learn how to handle stress that comes up in everyday life. Doing the detox has greatly improved my digestion and I even lost 10 pounds in the 3 weeks.”

- An Appreciative Client

JOINT PAIN

I'm just finishing up my 3 week retreat program. I had been dealing with toxins and achy joints for quite sometime. I had tried numerous methods for relief of my pain without much success. With the detox program now, I have less pain. I feel I might be on the right track. They have a nice facility here and a wonderful staff.

- Allen

KIDNEY FAILURE

were. They kind of went hand in hand. I saw many doctors, but couldn't really get to the core of the problem. I started eating less sugar, starch, and dairy. Then, I did testing at Gilead Balm. They found parasites in my brain, kidney failure caused by the parasites, and flukes in my liver that were robbing nutrients from my muscles. This was causing my leg pain and affecting my thoughts.

When family members got serious about my diet (which was six weeks before I went to Gilead Balm), I had a head start. The retreat was well worth it with the neurofeedback and hyperbaric oxygen chamber. The enemas helped me get cleaned out, and I passed a lot of mucus and infections. But let's not forget who heals us and lets us be healed. It's only through the power and grace of God that we can be healed and saved! Thanks to the staff and workers. God bless."

- Ernest Raber, LaGrange, IN

LEUKEMIA

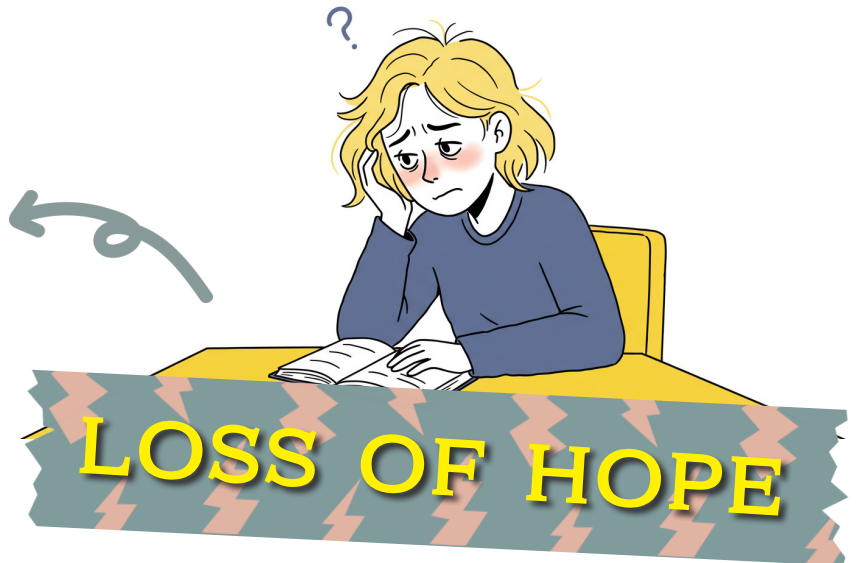
"My husband, Ervin, was diagnosed with lymphocytic leukemia in the spring of 2022.

We tried a lot of natural supplements and a low-sugar diet, but his white cell count continued to increase, so we decided to go to Gilead Balm. Ervin took a rife scan, received all the treatments there, and underwent stem cell therapy. He felt good during his stay, and he still feels good now. We had a great place to stay with helpful staff. The meals were tasty and healthy, and we had an amazing massage therapist. It's hard to leave our friends here, as we were almost like one big family, eating, singing, and doing lots of things together. We wish everyone God's richest blessings."

- Ervin & Linda Ann Yutzy

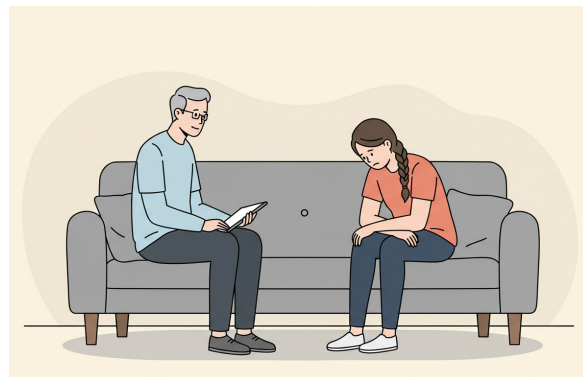
“The Gilead Balm counseling has been helpful to me. My previous counseling was difficult because it focused too much on me and my problems. For example, I struggled with others not saying sorry in the past. But I learned that I can focus on my part in a struggle by repenting myself and giving forgiveness. I am thankful because the counseling helped me see that I need to do my part in getting along with people who are challenging in my life. I looked forward to our counseling sessions. The counseling made a difference in how I view things. Now I feel like there is hope. I feel much better. My counselor showed me ways to deal with my problems instead of just talking about them. Learning what the Bible says is helpful. My counselor’s compassion and understanding were also very helpful. I have a plan now to read the Bible. This will help me keep growing closer to God.”

- R.G.



“When I used to read the Bible, I did not understand what I was reading. In church, many times, my mind could not understand or concentrate on what was being preached. When I started treatment at Gilead Balm, they wanted me to have counseling. At first, I thought, ‘I will not do it.’ Finally, I laid my own self down, tried to forget myself, and did the counseling. I’m glad I did. The counseling helped me understand the Bible better. It helped me understand myself better. It also helped me to be more humble. I feel happier. I can think better, and I think more positively than before. I feel like I have more energy to do the chores, and I feel like I can do it. My trust in God is getting stronger. When I read Scripture now, it is clear and understandable. I used to think my life was terrible. Now, I feel like it is not bad at all. The counseling helped me think differently about difficult things. What did Jesus do when they hung Him on the cross? Did He talk back? No. I am hungry for learning the truth about God and His Word. The ministers of the church and our family joined my counseling sessions at Gilead Balm. They all said, ‘It is very encouraging. It is spiritual. It is uplifting. It is godly. It is the true Word of God, from the King James Version of the Bible. It is a very good thing.’”

- Anonymous



“With coaching from the knowledgeable and caring staff at the wellness center, I felt better than I had in years. A new hope was revived. I have gained so much! With God, all things are possible!”

- M. Byler

“I used to struggle to stay on top. After a five-week stay at Gilead Balm, I continued sessions with the Gilead Balm counselor over the phone. It has helped me so much. I understand things better in the Bible when we talk about them. I find verses that stand out to me. I am glad to be thinking of things to be thankful for. It feels good to hear the encouraging things that please God. I enjoyed every bit of the counseling, and I thank God for it.”

- Anonymous

LOW ENERGY

it works. I saw a huge change in my sister in just four or five days. I've seen many people here, and within a month, they're back to living their life again."

- Jolynn

"When I first came to Gilead Balm for testing, I wasn't sure if I should come to the clinic or not. It seemed God was opening all the doors and saying, 'Go.' So, I did. I found it very relaxing. I appreciated the staff for all their efforts, their smiles, and friendly attitudes. A little after a week at the clinic, I began to realize how run down my body actually was. I had pushed myself because I love work, but lately, it was hard to really enjoy it. Now, after the treatments, my brain feels much clearer. It feels like my mind is finally waking up. I feel the neurofeedback therapy at Gilead has been very helpful for this. After only a week, I could already feel the difference. I loved the neurofeedback! It was my favorite therapy. I can feel my body working hard to get rid of all the toxins. My lungs seem to be clearer. I am less tired now. I can also sing heartily for longer periods of time without feeling lightheaded. Last, but not least, I did a few counseling sessions and found them very helpful! It has changed my thinking a lot."

- M.H.

"Our son, Daniel, had been experiencing a lot of headaches and muscle pains for a year. We tried different doctors, but nothing seemed to help. Eventually, he was unable to do any work and spent most of his time resting. We decided to make an appointment at Gilead Balm for testing. The tests showed various infections, including the mumps virus. After two and a half weeks, he already looks better. What we appreciate most about this place is the friendly staff and the warm, home-like atmosphere."

- Daniel's Mom



"I had been battling extreme fatigue and headaches. I couldn't really understand what I was hearing at church. I just didn't have the mental energy to think. We are grateful for a sister at church who suggested Gilead Balm in our search for help. We were looking for a place where we could stay for a while, have good nutritious meals served three times a day, and lodging with a relaxed atmosphere on the same property. We got more information from the clinic and decided to go for it. We experienced ups and downs with detoxing during the program, but the staff helped us through by making customized suggestions and adjustments. My husband and I are so pleased that, at the end of our three weeks, my headaches are no longer present. I am now able to handle all the different conversations that we have. My brain fog is clearing up. My energy is returning. Learning how to really take care of the root causes of what made me sick has helped us so much as we go forward. We are grateful to all the staff for their care for us. All glory be to God, the Great Physician, for the healing He has done and will do!"

- F.K. in Lancaster, PA

LOW ENERGY

“I’ve lived with health and brain challenges for almost my entire life, including low energy, fatigue, brain fog, poor concentration, depression, and muscle weakness. I visited multiple health clinics over the years, but still never knew what it felt like to feel truly good. Testing at Gilead Balm revealed that a virus was causing my fatigue, and another virus might be affecting my muscles, making them tense. After just one week of treatment, I already felt some improvement. I’ve never encountered such a simple and effective way to eliminate all these infections as I have at Gilead Balm. After three weeks of treatment and feeling much better, I’m excited and ready to go home. Having seen how many chronic infections I’ve passed out of my body, it’s encouraging to know that my system is no longer under stress from them. These infections produce their own toxins and waste, and now that my body is free of these stressors, I have hope that it can continue to repair and rebuild. After years of suffering, I’m grateful to God for giving me the opportunity to undergo this program. God is our Healer, and I encourage anyone dealing with chronic health challenges to consider this program.”

- David Beiler Lancaster Co., PA



“Before coming to Gilead Balm, I struggled with fatigue. Simple tasks like washing dishes would cause rashes, and working in the sun made me feel drained. Certain foods often made me nauseous, and I had trouble thinking clearly or focusing, which made work difficult. My hands and feet would frequently get very cold. After a three-week retreat at Gilead, I’ve started noticing significant improvements. My energy is increasing, and I experience far less nausea. My mind feels clearer, and my hands and feet are warmer. The buffeting massage therapy has been especially helpful for this. I’m also starting to sleep better and feel calmer. The skin on my face has cleared up considerably. I’ve found the neurofeedback therapy to be very relaxing. After my final testing today, the results showed a lot of improvement! I’m so thankful for a place like Gilead Balm. The team here is amazing! Overall, I feel lighter and clearer.”

- Kristina

“Ten years ago, I experienced a mental and physical breakdown due to a sudden increase in work at our bulk food store. I became very anxious, depressed, and exhausted, unable to work much. I began obsessing over past mistakes, both big and small, and couldn’t stop worrying about what I had done wrong. I spent months in a tired, depressed state, constantly thinking, ‘What if I did this wrong?’ I started excessively washing my hands, cleaning, and checking my work, and became fixated on other people’s mistakes. I was consumed by the need to get everything perfect. I was tense, disorganized, and unable to think clearly. I hated the way things were, but felt powerless to change it. I was too tired to put much effort into praying or studying the Bible. I could only focus on things that were comfortable or easy to figure out.

That’s how I ended up at Gilead Balm. After four weeks of therapy, thinking has become easier. I’m not as depressed anymore. During my time at Gilead Balm, I also had the opportunity to care for my sister, and through that, I found so much to be thankful for. I’m grateful I could pull through without crashing and that I had the chance to work through my anxiety and fear.”

- Anonymous



LOW ENERGY

“For several years, I had been struggling with various health issues, including low energy, fatigue, and a general sense of not feeling well. After consulting several doctors with little improvement, I decided to visit Gilead Balm for a two-week stay. I have been amazed by the results. I feel much better, both mentally and physically. I’m under less stress, and my anxiety has mostly disappeared. My energy levels have improved, and I can walk further without feeling sore. I would definitely say it was worth it.”

- J.M.

“I had been struggling for years with low energy, digestive issues, and poor sleep. I visited many different nutritionists and tried various supplements, but nothing seemed to help much. When I came across an article about the Gilead Balm retreat, I thought it was an answer to my prayers. I truly believe they have a great program here. Anyone who commits fully will see positive results.

I deeply appreciated the staff and how they work together to care for you. My health coach was very helpful, meeting with us every day and taking the time to explain things. The neurofeedback therapy was a highlight for me; it was incredibly relaxing and healing for my mind. Additionally, the counseling sessions were invaluable. I highly recommend incorporating biblical counseling into the retreat experience. Spiritual healing goes hand-in-hand with physical healing, and I’m so grateful for the support I received in both areas.”

- Mary from Ronks, PA

“I was struggling with depression, food sensitivities, and extreme fatigue. After years of searching for answers, I decided to see what Gilead Balm had to offer. After completing the testing, I embarked on a three-week retreat in Ohio, and now that it’s almost over, I couldn’t be happier with the results. Some days, I feel like I could bounce off the walls with all the energy I have. My favorite therapies were neurofeedback, hydromassage, and the hyperbaric oxygen chamber. Neurofeedback was both relaxing and uplifting, while hydromassage felt like it was ‘beating the junk’ out of me. After an hour in the oxygen chamber, I felt rejuvenated and energized. The daily health coaching was very helpful, as we always got satisfactory answers to any questions. Counseling was also a big help. The counselor emphasized that we are here to glorify God, no matter the circumstances. I give all glory and honor to the Almighty Healer.”

- J.H.

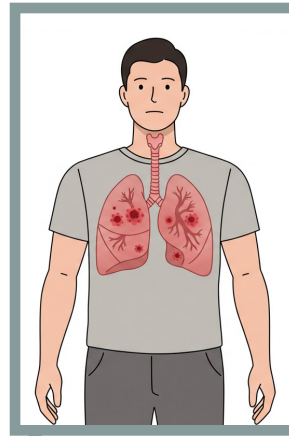
- Barbara Fisher, PA

“We spent three weeks at Gilead Balm’s retreat in Ohio. After years of struggling with and being treated for low energy and brain fog caused by the Epstein Barr virus, we decided to visit Gilead Balm. My tests revealed I actually had three different chronic infections in my body. When we arrived at the clinic, my brain fog was severe, but it has improved significantly since then. I also had painful knots in my gut area, along with a hernia and fibroids. The knots are now disappearing, and the area feels much softer. I have more energy, and I’m feeling much better overall. It’s a strict program that requires determination and willpower, but I believe it’s definitely worth the effort.”

LUNG CANCER

“My doctor did a CAT scan, which revealed a tumor in my lungs. The hospital recommended chemotherapy and radiation, and the tumor was attached to my spine. After eight weeks of treatment, I was discouraged to learn that the tumor had actually grown instead of shrinking. I thought I was nearing the end. At that point, I decided to try the Gilead Balm protocol for a month. It was a great experience, and I could feel changes taking place in the area of the cancer. After a month, I returned to Cleveland for another CAT scan. The doctor was amazed to see that the tumor had shrunk by 50%. They were then able to operate and remove the remaining tumor. That was in June 2013. My recovery from surgery took time, but I’m doing well now. Although I still experience nerve pain in my legs from the chemotherapy, I’m otherwise very healthy. I’m 74 now, with a great appetite, and my hair has grown back. Six months after the operation, a follow-up CAT scan showed no signs of cancer. Looking back, the only thing I would change is avoiding the chemotherapy and radiation. I would go straight to the Rife therapy.”

- Robert



“The testing revealed that my husband, Christian, had lung cancer. We decided to come to Gilead Balm for a cleansing treatment. I also participated in the

treatments, as I’ve been dealing with a cough and heart problems for years. Christian breezed through the therapy, but it was much more challenging for me. We’re now ready to start the home treatment as well. Thank you for everything. May God richly bless you all. We also enjoyed connecting with the other clients during our stay!”

- Christian & Rebecca Beiler

“I had inflammatory tumors that metastasized to my lungs, and despite chemotherapy, the cancer continued to grow and spread. The doctors then suggested an intense course of chemotherapy, five hours a day. Instead, I chose to try this program. It’s been a roller coaster, but in the first week and a half, a half-inch tumor disappeared. My left breast was swollen almost twice its normal size, and now it’s nearly back to normal. The remaining tumor is breaking up, and I have incredible energy now. I’m able to do everything I want to do, including working again. Chemotherapy felt like a bomb was dropped on me, killing everything in its path. This program, however, is different—it’s a slow, building process, but I’m willing to wait for the prize.”

- Laura

LYME DISEASE

food, the beautiful setting, and the great counseling. Throughout my stay, I was able to expel many infections through my bowel movements, which I’m thankful for.

Before returning home, I was tested again. The Epstein-Barr virus was gone, and my brain scan showed improvements in several areas. I now feel lighter and more energetic. I can laugh freely, feel better overall, and even run faster!”

- Havilah's Peters

LYME DISEASE

"I came to Gilead Balm with symptoms of Lyme's disease, including chest pains, frequent headaches, and difficulty performing my normal activities. I also had poor circulation, particularly in my legs and head, and dealt with varicose veins, swelling in the left side of my head around my ear and throat, and breathing difficulties in certain situations. Additionally, I experienced joint pain and persistent stomach pain from a past hysterectomy.

After three weeks at Gilead Balm, I've already seen positive changes. The sharp pain in my neck has improved, and I'm feeling stronger. The deep breathing exercises have improved my breathing, and my circulation and sore joints have benefited from the buffeting massage. My stomach pain has decreased significantly, allowing me to lie on my stomach during massages without much discomfort.

Though many of my symptoms have improved, I look forward to continued progress as I carry on with the program at home. The daily counseling sessions provided me with encouragement and a positive outlook. The focus on gratitude and the Bible verses shared with me were especially comforting and helpful. Each day, I made a conscious effort to turn my thoughts toward gratitude and to think about ways to please God.

The Bible verses my counselor sent have been instrumental in helping me, and I plan to use them to share encouragement with others in my community by making cards. I'm grateful for all the thoughtful guidance I received. When Priscilla asked if I wanted counseling, I'm so glad I said yes—it has been a key part of my healing journey."

- M.B.

"When we first heard about Gilead Balm, we wondered if it could be the answer to our prayers. Havilah had been experiencing a steady decline, and testing revealed issues in all three parts of her brain—front, middle, and back. She had Epstein-Barr virus and Lyme's disease in her nervous system, which we believed was causing brain instability, unrealistic thoughts, imaginations, and unhealthy thought patterns.

After seven years and visits to over 30 doctors, we still had no answers or solutions. But after three blissful, peaceful, and productive weeks at Gilead Balm, we hate to leave! The time here was filled with fellowship, shared burdens, and prayer for one another. Upon departure, follow-up tests showed that two parts of her brain are now functioning normally, and she tested negative for Epstein-Barr virus.

Each day, Havilah is getting brighter—she sings more, has more energy, communicates better, and has greater control over her thoughts. We are truly grateful. God is faithful."

- Myrna Peters, Havilah's Mother

I arrived at Gilead Balm Wellness Center with uncertain feelings. But those feelings soon diminished with the helpful and courteous staff helping the clients with their struggles. We met a lot of new people and now have more friends. We also have a good cook and wholesome food. Upon coming to the clinic, I was very anxious. I now understand there was a virus in my head and also Lymes bacteria on my nerves. This virus and the Lymes were affecting my mood and emotions. I also had a lot of parasites in the intestines that caused bloating and indigestion. After a 3-week program the virus is no longer showing up on the scan. Half the parasites are also gone. I have less anxiety and my mood is better. I have less stomach pains. We will go home and continue detoxing to get rid of the rest of the parasites. We enjoyed walking around the pond here along the path through the woods and grilling on the fire pit. Good Christian devotions and singing here encourage us to keep on keeping on, as we hope to meet the grace of Jesus Christ.

- AJC

LYMPHATIC CANCER



Cancer was found in the lymph gland under my jawbone. As of right now, because of the treatment I've received here, the lump is about half or less the size it was. We will continue the home program, and hopefully by the time we do the follow-up tests, it will have vanished.

I had numb fingers for two years. They were so stiff that I couldn't fully close them. A week after I started treatment here, I noticed I could close them completely. I also used to have pain at night that started in my left hand and went back to my elbow—it felt like fireworks shooting off in my arm. That pain is now gone!

We truly feel that we have gotten help here and believe we'll continue improving our health even after returning home. The pleasant, family-like staff and clients helped make our four-week stay full of wonderful memories."

- Henry Mast



At Gilead Balm, every meal is thoughtfully prepared onsite in our own kitchen. Using fresh, wholesome ingredients, our team creates nutritious dishes that not only sustain the body but also support the healing and recovery process. Meals are served in a warm, welcoming environment that encourages fellowship and connection—reminding each person that nourishment is more than food; it's part of the journey toward restoration and renewal.

LYMPHOMA

"I was diagnosed with lymphoma about two years ago. I frequently had random fevers, which is a common symptom of lymphoma. Wanting to treat it naturally, I tried several home remedies without success. Then, I decided to go for testing at Gilead Balm.

After a three-week retreat, I'm noticing a significant improvement. My energy levels have increased and are now much more consistent. Even my mom sees the difference—she noticed that I'm more awake during the day now.

Gilead Balm is a wonderful place to stay. The staff are all incredibly friendly and easy to work with. The food was great, and there are excellent cooks here. During weekends, I enjoyed fishing in the pond whenever I had a chance. We are excited to go home, and the best news of all is that the treatment worked!"

- Jonathan

"We had tried Gamma Knife treatment and conventional chemotherapy for five months, but neither worked; in fact, it just made me sicker. Then we tried radiation, but that didn't work either. I don't remember much of the two-day trip here because of swelling in my brain. But now, I'm a completely different person. I've seen dramatic changes in less than a week. It's truly amazing—I feel like I'm in a healing place here, a non-toxic environment where I can actually heal.

Two of the lymph nodes are getting smaller, and another area has also become less pronounced and is shrinking. When I first arrived, I couldn't walk without assistance due to the immense pressure in my head. I was unsteady on my feet and either needed someone to help stabilize me or had to use a wheelchair. But now, that pressure has resolved. I feel like I'm getting closer to healing every day. This is a wonderful place to be."

- Mary

"After x-rays revealed a tender lump on my chest, doctors sent us for a CT scan. The report showed a large mass 'strongly suggestive of lymphoma,' growing through the chest wall. Not wanting to pursue medical treatments, we tried treating it at home for several months. However, after not making enough progress, we decided to visit Gilead Balm in Ohio. A Rife scan revealed cancer cells, a tumor in the chest area, chronic fatigue syndrome, and several types of parasites.

We planned a six-week stay at the Gilead Balm clinic. Within the first few weeks, I began feeling much better, especially in terms of my energy levels. The therapies were very effective, and while there, I received five stem cell infusions. We really enjoyed the delicious meals and the daily cleaning of our rooms, along with the laundry service. Whenever we had health-related questions, the staff always had an answer. To anyone seeking better health, we wish the Lord's blessings on your journey."

- Joseph Hoover



"When I brought Mary here, she was in such poor condition that I thought this would be our last trip. I genuinely believed she was just days, maybe a week, away from passing. Now, she's walking around on her own. She has hope again and believes in the people here. As she said, it's nontoxic—you have nothing to lose by trying it. If anything, it's going to help you. I encourage you to do your own research and give it a chance. I was skeptical at first, but after being here and seeing the people, I truly believe it's beneficial."

- Mary's Husband

MARRIAGE PROBLEMS

“My marriage was struggling due to unresolved anger issues, and my biggest concern when I came to Gilead Balm was learning to manage my anger. The counseling sessions here helped me better understand my responsibility in relationships. We worked through my anger issues, and it’s hard to fully express how thankful I am for a place like this and the healing process I’ve gone through. I give all the credit to God. A major part of my recovery has been improving my physical health through detoxing. I can feel both my body and mind working differently now. I handle stress much better, and I’ve lost 30 pounds since starting the diet here. Through the exercises, I’ve built muscle, especially in my upper body. My energy levels are higher, and I’m feeling mentally more positive. My memory has improved thanks to brainwave therapy, and my mental processing speed is faster. I’ve also had no digestion problems or heartburn since being here—these issues resolved after just three weeks. Most importantly, my relationship with my wife is stronger than ever as we face life’s challenges together.”

- Aaron Stoltzfoos

“It’s incredibly refreshing to see how Gilead Balm consistently works with married couples together, not separately. I would encourage anyone in a helping role to keep this in mind, as it’s crucial for building trust. Once trust is established, many positive outcomes can follow. When you get married, you promise to stand by each other through everything. So, when one spouse faces challenges, it makes the most sense to have support that helps the couple work through things together, rather than apart.”

- Anonymous Client



“I didn’t even realize how sick I was. I felt fine but didn’t realize I was struggling with poor leadership and causing spiritual confusion for my wife. I was relying on others to direct her instead of focusing on my marriage or my own responsibilities. I’d doze off during the day, thinking it was normal. Previously, in other counseling settings, we didn’t receive counseling together as a couple. I want to encourage anyone seeking counseling to ensure it’s biblically based and done together as a couple. I also truly appreciated how the church ministry was involved in our counseling sessions at Gilead Balm. As a husband, I’ve grown in my communication with my wife and children. When I started applying what I learned, it made a significant difference for my wife. Emotionally, I now realize I was avoiding conflict by doing things the way my wife wanted, but this only led to a poorer relationship and more confusion.

Halfway through my time at the wellness center, I started feeling much more energy. I told my wife, ‘It’s unusual; my muscles don’t feel tired anymore.’ I was waking up early, handling paperwork, and no longer dozing off. My wife has noticed that my focus has improved, and I now approach things with a different perspective. Spiritually, I have a deeper understanding of what the Bible teaches about love, forgiveness, faith, work, handling disagreements, and unity with others. I believe that the detox program, neurofeedback, and counseling together are making a clear difference in my ability to think more clearly.”

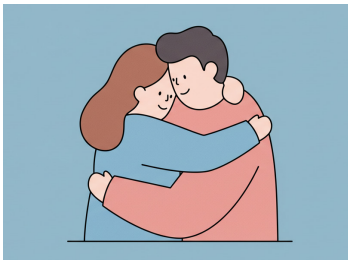
- E. Beiler

MARRIAGE PROBLEMS

“I had been to several mental hospitals and retreat centers in the past, but my life still wasn’t right. Finally, I came to Gilead Balm. I was struggling with submitting to my husband. I found it confusing to know what I should submit to and what I shouldn’t. I couldn’t focus or concentrate on my work. When the children would ask questions, I sometimes wouldn’t even respond because I couldn’t process what they were saying. Emotionally and mentally, I was struggling. I also had headaches, aches in my side, and low energy.

Since being at Gilead Balm Wellness Center, my ability to think has greatly improved. By addressing the infections in my body and the mold in our home, I can finally think more clearly. Spiritually, I’ve learned a lot about forgiveness and the importance of submitting to my husband, allowing him to lead. Life feels hopeful again, and we are ready to start a new chapter. I have forgiven the wrongs done against me and put them in the past.

We enjoyed the atmosphere, the staff, and the time spent at the wellness center. It has all been to the glory of God. Many of our prayers have been answered. I appreciated



the exercises, the people, the time the staff took with us, and the encouragement from other clients.”

- F. Beller



“My husband and I were both strong-willed and didn’t know how to relate to each other. My dear husband had ADHD, which we didn’t understand at first. This created a recipe for disaster. For years, we struggled to understand each other. I sank into despair and depression, while he became critical and harsh. We blamed each other and argued. Most attempts to talk things over calmly ended in serious disagreement.

Then, we were led to Gilead Balm Wellness Center. The home-like atmosphere and comfortable, spacious rooms were so healing. Interacting with the directors, the outstanding staff, and other clients and caregivers has allowed us to form deep, meaningful friendships. We are all in this together. Through the therapies—hyperbaric oxygen, brainwave therapy, group activities, discussions on Proverbs, and biblical counseling—we have seen significant improvement. Our memory has also improved. We are thankful for a program that doesn’t rely on medications but uses customized supplements. As my husband’s condition improved, the supplements were adjusted to meet his changing needs.

The group Bible studies have been incredibly helpful for our recovery, both physically and mentally. We’ve learned that we can choose Christ-like submission and find true freedom, or we can choose resentment and reluctant submission, which keeps us bound. There’s a vast difference between being free in Christ and being bound by Satan. It’s the difference between life and death, heaven and hell.

In the weeks since beginning therapies at Gilead Balm, we have been able to get our marriage back on track, and our minds are functioning more clearly.”

- Lydia S. Pennsylvania

“My husband and I feel more positive about our marriage and our ability to face life’s challenges. At the wellness center, I was given a book that helped me understand the roles in marriage, and it came into my hands at just the right time. Reading that book drastically changed my perspective on my role as a wife. What I’ve learned, and what I want to express from my heart, is the importance of honoring, respecting, and reverencing my husband. His needs and desires should be more important to me than anything else, as long as they align with God’s commands—always, no matter what.

MARRIAGE PROBLEMS

I’ve known the feelings of rebellion toward submission and the overwhelming burden of my calling as a wife, but I’ve also come to understand the blessings that follow when we remain faithful to God’s commands for wives, specifically the call to submit to our husbands. We learned a great deal through counseling at Gilead Balm, and we highly approve of their gentle, yet biblical, approach and their ability to see into our situations.

Now, we want to use their advice, tools, and plans to build a better future for our marriage and family. One thing that surprised us was that we were not only dealing with issues in our marriage relationship but



also with my husband’s weakness in his brain and nervous system, which I hadn’t understood before. It wasn’t just a lack of faith or self-control on his part. This was discovered through blood work and brain scans.

The clinic helped us with supplements, hyperbaric oxygen therapy, neurofeedback, IVs, and counseling. It was a very different approach compared to standard psychiatry and medication, and we are so grateful for the healing we’ve received.”

- Mr. & Mrs. Riehl from Pennsylvania

- Amos S., Pennsylvania

“I didn’t know how to cope and developed an anger problem that was deeply damaging to my family. I was losing their respect, and the stress was taking a toll on all of us physically and emotionally. When we heard about Gilead Balm Wellness Center, I was skeptical but decided to give it a try. My wife and I completed the program, and the neurofeedback, supplements, and detoxification helped me think much more clearly. Now that my wife and I are on the same page, we communicate in a more positive and healthy way. By God’s grace, I hope to provide leadership for my family that feels safe and supportive. I’ve learned the hard way that anger only leads to frustration. I realized how difficult it is for a wife to willingly submit to an angry husband. If we, as men, treat our wives as gently as our most prized possession—because, really, shouldn’t they be?—they can make us feel like a million dollars!”

MEMORY PROBLEMS

"I am 81 years old, and my memory has never been very good. I struggled with memorizing Scripture and was somewhat of a slow learner. Over the last year, my memory worsened, and I began forgetting where I put things. My mind was also foggy during conversations. However, after coming to Gilead Balm Wellness Center for neurofeedback therapy, my mind is much clearer. I can recall people, events, and other details more easily. It's now easier to find things in my home and complete daily tasks. My endurance has greatly improved, and my brain seems to be 'leading me around the corner faster.' The technician who worked with me was very skilled, quickly attaching the sensors and operating the machine in a professional and knowledgeable way. I'm very thankful for my experience at Gilead Balm Wellness and would highly recommend it to anyone struggling with memory issues."



NEUROFEEDBACK THERAPY

Neurofeedback uses a computer program to monitor brainwaves and give instant feedback through sounds or images. This helps people see their brain activity and learn how to change it, which improves brain function and reduce symptoms of certain mental conditions.

MIGRAINES

"I had been struggling with daily migraine headaches for 10 weeks after being hit in the head by a softball in September 2019. This caused problems in my responsibilities as a teacher. I lacked energy and had difficulty helping my students with math problems. Worse yet, the student-teacher relationship was not going well. With the support of my family, co-teacher, substitute teacher, and school board members, I was able to complete a three-week program at Gilead Balm Wellness Center. It has been a huge blessing in many ways! Learning to know and work with the other clients and caregivers here has been a wonderful experience. Our morning devotions were a great way to start the day. I've completed 30 brain therapies, followed a detox program, and feel so much better! While I still have the occasional dull headache, even those are starting to fade. I now feel ready to go home and face school again, and with God's help, be the kind of teacher my students need. I am so grateful to the staff and, most of all, to God for helping me regain my health!"

- M. Stoltzfoos in Indiana

MOLD EXPOSURE

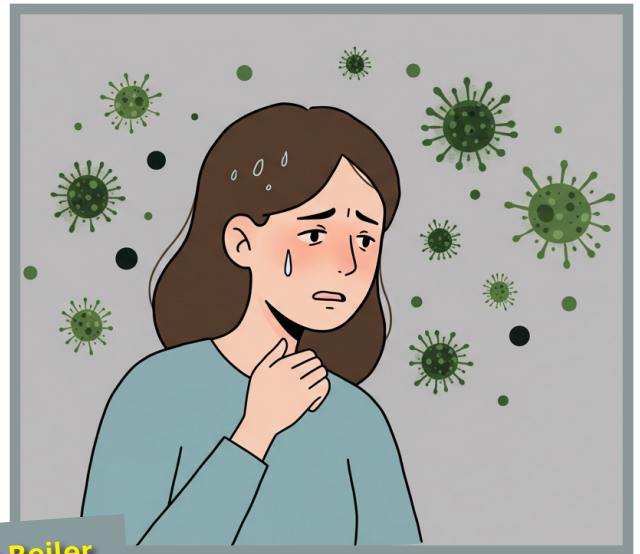
“I came to Gilead Balm Wellness Center struggling with low voltage in a part of my brain. This low voltage was causing me to get very anxious, disrupting my sleep, and making me nervous and depressed. Within just three days of treatment, I could feel a real difference. I felt renewed mental energy. Neurofeedback therapy, along with the counseling, is helpful in raising the voltage in the brain.

I was also struggling with constipation and fatigue. But after 3 weeks of detoxing therapies, the re-testing showed the sterigmatocystin mold in my intestines was no longer detected. The mold is what was causing my fatigue and sleeplessness. A virus I also had, called cytomegalovirus, was also gone as well. Along with these changes, the anxiety I had been living with started to lift. My sleep has improved along with my energy. I feel happier. The others are also seeing that I look happier.”

- Grateful Client

“Eight years ago, I developed a serious infection from mulch stored in a silo. The infection began in my eyes and spread throughout my body. I started feeling fatigued, and then we had a serious mold issue. A test revealed three kinds of mold, including black mold. I began experiencing memory loss and brain fog, my heart rate was out of range, and I had shortness of breath. My gut bloating was also very painful. After a scan and tests at Gilead Balm, it was revealed that I had mold and infections in my brain and body. After completing a three-week program, I feel like a different person. I have more energy and am much happier. Gilead Balm is an excellent place for those seeking better health. It has been a journey, but it's all been worth it. All honor and praise to God for His healing balm.”

- Ruth Beiler



“After years of struggling with health issues and mold exposure, my family suggested Gilead Balm. We went for testing, and they recommended a three-week retreat. The staff was amazing—very kind and willing to serve. We truly appreciate the cooks, cleaning ladies, and the staff who provided the therapies. Passing a lot of infections in the toilet gave a clear visual of the detox process, which helped keep us motivated. The daily health coaching was appreciated, as it helped us understand what was happening and when adjustments were needed to the protocol. We saw significant improvement from the neurofeedback therapy.”

- Anonymous

MOUTH CANCER



"I had surgery on April 12, 2022, for cancer on my lip. In October, the cancer spread to my lymph gland under my jawbone. By the time I left the retreat at Gilead Balm, the bump on my jaw had shrunk to half its original size. I had also been dealing with numb fingers for two years. They were so stiff that I couldn't fully close them. A week after starting treatment here, I noticed I could close my fingers completely. Additionally, I had pains that started in my left hand and radiated to my elbow. It felt like fireworks shooting out at my elbow, but this pain is now gone. We truly feel that we've received help here. The retreat had a busy schedule, but the pleasant, family-like atmosphere from the staff and clients made what could have been a difficult time pass quickly and turned it into more of a pleasant memory. Many thanks and God bless. We are also grateful for the satisfactory update calls with the staff!"

- Anonymous

NERVE DAMAGE

"Ever since a tree branch hit me during my logging work, I've struggled with waking, brain fog, poor concentration, and fatigue. Now, after my retreat at Gilead Balm, I'm excited to say I can

walk and run again, with little to no knee pain. I sleep more deeply and wake up feeling more rested. The detox program has made a huge difference, especially in removing the chronic infections in my gut. The neurofeedback therapy has helped my brain rest and improved my sleep quality at night. I used to rely on coffee to wake up, but now I can get up and feel awake within minutes. It's amazing how many things start to improve when we take the right steps for our bodies. The bloating and digestive issues I had are practically gone, and even my back pain is starting to lessen."

- David S.

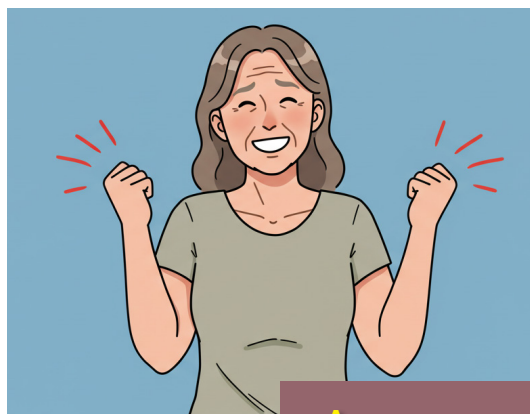
NERVOUSNESS

"I had some hesitation about coming to the wellness center due to past sensitivities to supplements and detoxing. However, my health was deteriorating despite another program I had been doing at home, so I

decided to give it a try. Since arriving, I did experience some reactions to the supplements and therapies, but we were able to go slowly, and I was able to tolerate it better. I'm already noticing improvements. I'm falling asleep more easily at night, my low blood sugar symptoms are improving, and I can now go from meal to meal without needing snacks. I also feel more relaxed overall. The counseling sessions were meaningful, particularly studying the lives of Biblical characters who experienced depression or physical challenges. It was encouraging to see how God was still able to use them. It was also refreshing to be in such a peaceful environment, where I could spend time with the other clients, whether during meals or by the pond."

- Steven

NERVOUSNESS



- Anonymous

"I wanted to pull through my problems on my own, without any outside help. Aaron told me I'd wish I had started the program sooner, and he was right. I had been constantly fighting negative thoughts and had built a wall against the people closest to me. I struggled with authority figures in my life—teachers, my boss, my dad, and the church. It was always my way or the highway. I would recommend others address these issues while they're still small, instead of waiting like I did. But there is hope. The counseling at Gilead Balm is more than just therapy—it's teaching from the Bible. I've learned more here than I ever did with the traditional counseling I had before. At first, I didn't think it was for me. But now, I can call Jesus my Savior. I've learned a lot spiritually. I'm learning to overcome anger and face my problems honestly. I'm no longer trying to run away or avoid things. I can honestly say that the truth has set me free. It's much easier now to talk with others, and I'm being honest with them—and with myself. It's a change I've longed for. I wasn't physically sick when I came to Gilead Balm; my energy was just low because of my depression. But now, my energy has returned, and the depression has lifted. I'm thankful to all the staff at Gilead Balm."

- Ben Stoltzfoos, Kentucky

"I have always been more apprehensive and would get nervous easily. This past year, it seemed to worsen. I felt extremely nervous in church, experiencing tingling and stiffness all over, and started panicking. From that point on, I struggled with anxiety, sometimes even brief panic attacks. When I began the program at Gilead Balm, I felt much less fearful, as I understood why I had been feeling so nervous. I had been diagnosed with neurological Lyme's disease. After starting the detox program at Gilead Balm in Ohio, I began eliminating the Lyme infections almost immediately. A few times I experienced a slight headache or felt a bit sick, but the next day I would pass out large amounts of the infections. This process has given me more confidence, knowing that I got rid of them. My brain scans now show more balance between the two sides of my brain, which I believe is a result of the neurofeedback therapy."

NO SPIRITUAL LIFE

"Before coming to Gilead Balm Wellness Center, I would describe myself as emotionally a mess, spiritually 'out in left field,' and physically dealing with knee problems. The physical challenges, along with strained family relationships, left me feeling bitter, empty, and angry. While I've seen success with my knee pain management, the most wonderful transformation has been spiritual. Through discussions with my counselor and ministry, I've accepted Jesus Christ into my heart, and He is now the Lord of my life. This is still new to me—the idea of trusting Jesus, and even more so, giving all parts of my life over to Him. Lord Jesus, help me trust you with everything."

This spiritual change has also opened the door for much-needed emotional healing. I've come to realize that I need to focus on the King of kings, who won't give me more than I can bear. I now see that God is in control, and I don't have to worry about fixing everything that's wrong in the lives of those around me. Recognizing these truths has brought me more rest and relaxation. I'm not as easily irritated, my mood is lifting, and I don't feel wretched or lost anymore. I'm learning to show more respect for authority, and others are noticing that I'm more open and positive."

- M. H.

Before coming to Gilead Balm Wellness Center, I felt trapped—emotionally shut off, physically drained, and spiritually distant from God. I struggled with anxiety, emotional wounds from the past, and a deep mistrust of others. Life felt like a constant battle—I was irritable, exhausted, and unable to concentrate. But about halfway through the program, I began to feel a noticeable shift. By seven weeks, I had more energy, improved focus, and a renewed desire to grow spiritually. I even started to open up emotionally and engage more fully with those around me.

Counseling was a turning point. I learned the importance of fearing God above all else and took responsibility for my own growth, rather than trying to change others. I was encouraged by the supportive environment, especially having my ministry involved in the counseling process. Through reflection, nature, and moments of peace—like sitting by the pond with my caregiver—I began healing. I now better understand how my shyness often came from an unhealthy self-focus and am learning to build deeper relationships. I'm truly thankful to the staff for their kindness and support on this journey.

- E.B.

NOT WANTING TO BE WITH OTHERS

Before coming to Gilead, I struggled with shyness, confusion, and physical discomfort like headaches, dizziness, and an upset stomach. I often felt like hiding from others and had difficulty concentrating, writing, and holding conversations. Since starting the program, I feel more accepted and confident around people. My mind is clearer, I can focus better, and many of my physical symptoms have disappeared.

Through weekly counseling sessions at the wellness center—along with the involvement of my church ministers—I've learned how to handle conflict biblically and take responsibility for myself without stressing over others. I feel more at peace with those around me and am grateful for the progress I've made both emotionally and physically.

- Saloma M. in New York



The suites at Gilead Balm are the perfect place to relax so you can begin your healing journey.



NUMBNESS

“I would highly recommend Gilead Balm for a variety of ailments. Personally, I’ve noticed a significant difference—my numb hands have improved, and even my nail fungus has gotten better. The meals were delicious, healthy, and prepared by friendly cooks. The entire staff—helpful, dedicated, and busy—created an outstanding experience. All of this is to the honor and glory of God.”

- F. M.



“For twenty-seven years, I was in and out of the hospital, on multiple antibiotics, and struggling with painful walking due to an infection in my right leg and foot. Despite trying other wellness centers, none could offer me relief. However, at Gilead Balm, I experienced significant improvement. They helped me heal without the need for antibiotics. I learned techniques to massage and elevate my leg, improving circulation and promoting the removal of infections. Through hyperbaric oxygen therapy, I began feeling the positive effects on my legs. I was also given exercises to further aid my recovery. As a result, I can now walk with less pain and swelling. The numbness and nerve damage from previous surgeries have improved, and

I have more feeling in my toes and feet than before.”

- Clarence Miller

OBSESSIVE COMPULSIVE DISORDER

Ten years ago, I had a mental and physical breakdown from a sudden increase of work at our bulk food store. I became very anxious and depressed, tired, was barely talking, couldn’t work much, and started worrying about all the things from the past I’d done wrong both big and small. I pulled out of the lowest spell after several weeks, but hung in a tired, depressed state for many months. Then a few years ago, another difficult situation happened, which I feel started me slowly going downhill again. It was around that time I noticed OCD traits starting to arise in myself: abnormal worrying about “what if I did this bad thing?”, excessive hand washing, cleaning, checking over what I did and more recently being obsessed with others making mistakes too. I became obsessed with getting all the work done and trying to make everything happen perfectly. I was tense, uptight, worried, disorganized, unable to think clearly. I hated life the way it was, but I was powerless to change it. I was too tired to put much effort into praying and studying the Bible and too tired to focus on anything difficult, so I only did what I was comfortable with or easy to figure out. That is the way I came to Gilead Balm. After four weeks of therapies, I’m starting to see changes in my thinking; it’s not so hard to think deep thoughts anymore. I’m not so depressed and hateful of life. I want to change and be a blessing to others. I’ve only begun this journey, but it’s a start. Perhaps this is what was most clearly stamped in my mind: God works good in EVERY situation. When I started looking for His hand at work in different situations, I couldn’t believe how much good there was to see! It completely changed my outlook. While at Gilead Balm, I had the opportunity to care for my sister when she was going through a difficult situation, and I found so much to be thankful for through that whole experience! With some encouragement and guidance, I gave the anxiety to God and let Him carry the heavy part of the burden. I’m thankful I could pull through without crashing, and I’m thankful I had this opportunity to work through anxiety and fear.

- Anonymous

OBSESSIVE COMPULSIVE DISORDER

“From a young age, I struggled with spiritual confusion. At about 15 years old, my obsessive-compulsive disorder (OCD) worsened, and I began imagining things that weren’t real. All I knew was that I was depressed and angry. After five weeks at Gilead Balm Wellness Center, which included nutrition, hyperbaric oxygen therapy, counseling, and neurofeedback, I feel mentally sharper. My ability to listen, read, and comprehend has strengthened. I can respond more quickly and am making a conscious effort to focus on the needs of others.

Rising from bed in the morning was once extremely difficult, but now I feel energized and ready to return to work. Social interactions were challenging for me, and I struggled to stay focused. My spiritual life also needed attention. I now realize I was demanding in my relationships, focusing too much on myself instead of how God sees me.

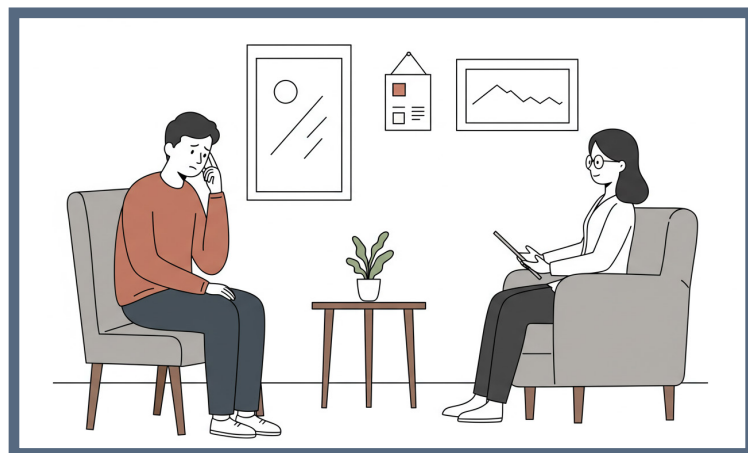
The lessons I’ve learned at the wellness center have made a significant difference. Through counseling, I’ve come to understand that accusing others, focusing on myself, and rejecting authority are signs of rebellion that lead to a downfall. I’ve spent the last few weeks dedicated to encouraging others, focusing on their needs, and submitting to authority. These changes have already made a positive impact on my life, and I’m confident that the more I carry these truths in my heart, the more they will guide me. As John 8:32 says, ‘And ye shall know the truth, and the truth shall make you free.’”

- Owen Bontrager

“My counselor shared biblical truths with me—God does not want us to be anxious or confused. Due to past trauma, I developed an overactive mind and obsessive-compulsive disorder (OCD). The obsessions and compulsions were overwhelming. After being mentally and physically exhausted, I finally gave my family the consent they had been praying for.

- A.L.B.

After three weeks at Gilead Balm, undergoing various therapies and counseling, I feel true healing taking place. There is no longer fear or confusion. Now, I feel that I can entrust my life to God, allowing Him to work with me. With the Lord’s help, I believe I will overcome this. All honor and glory to God, the Master Physician.”



“When I went to Gilead Balm for testing, my OCD was so severe that I struggled to take care of our family property. Even though I was on medication to calm my mind, I still battled anxiety, fears, and negative thought patterns that took over my life. I couldn’t trust God or function well enough to get much done. Life was truly miserable.

I began counseling at Gilead Balm, and after a three-week retreat followed by six weeks on the home program, my OCD improved significantly. My ability to cope and function has greatly increased. I appreciate how Gilead Balm integrates both physical and mental healing, working on both aspects simultaneously.

I have been able to eliminate most of my medications. All honor and glory for this healing goes to God, where it rightfully belongs.”

- The Millers, Michigan

OPEN SORES

got home from work and could barely do anything else. When we came to Gilead Balm, I faced some initial challenges with some of the therapies. However, the health coach checked in with me daily to understand my struggles and make the necessary adjustments to help me get through each hurdle. Now, the sores that I've had for years are shrinking and disappearing. The muscle stiffness that once prevented me from picking things up off the ground has greatly improved, and I have more flexibility. My sleep is getting deeper, and I'm resting soundly through the night.

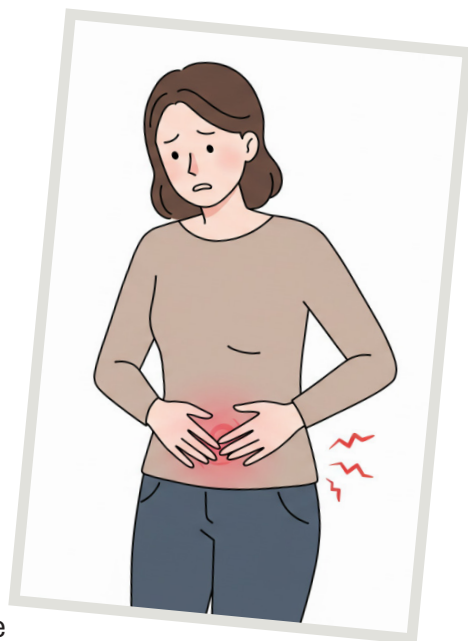
We now have a plan in place to continue my healing as I return home, and I feel confident about staying well in the future. We are so thankful for the staff who helped us understand the bigger picture of addressing the root causes of health problems. God has truly provided what we need. We are grateful to be able to move forward with a renewed sense of vitality.”

- RS Clyde, NY

OVARIAN CANCER

“I did the program at Gilead Balm for around 3 weeks. I improved a little, but not like we wished. So I did another 2 1/2 weeks of more therapy. At that point, I started doing the colonic therapy. I'm thankful I am doing this therapy, as it seemed I soon started improving more after I started the colonics. The reason I think I didn't improve more the first 3 weeks here is because I have problems with constipation, getting stuck, and my junk didn't come out with what it should have. Colonics are more powerful than enemas. When I started doing colonics things started moving more and I started passing a lot of infections. So, then I could get rid of more of my infections and get better. I am also thankful the scan picked up on a Krukenberg tumor (an ovarian tumor). I did a blood biopsy, which showed the tumor was cancerous. After the 5 1/2-week program, the Krukenberg tumor no longer showed on my last scan before leaving Gilead Balm. We should thank God for our health challenges, struggles, and every little improvement we make. That can help us keep on top. Maybe something good can come out of our challenges in life. We should ask God for help through our trying times. Ask him to help us learn and grow from our trying experiences. I like the verse we have on the marker board at the clinic, “Difficult roads often lead to Beautiful destinations”. I want to thank everyone here at the clinic for what you did for me, your encouragement, and your support. I think it's a nice place to be. My sister was also here as a client. Wishing you all God's richest blessing.”

- Sarah Stoltzfus



OVARIAN CANCER

“In 2011, my wife was diagnosed with stage four small cell carcinoma of the ovaries. The doctors gave her less than

72 hours to live. However, within 24 hours of starting the Gilead Balm Protocol, her vital signs returned to normal. Her abdomen, which had looked like basketballs on either side from the tumors, had almost flattened by the time she left. That’s how much the tumors had shrunk.

Before this, we had tried everything—radiation, chemotherapy—yet nothing worked. The only thing that made a difference was the Rife therapy. Initially, we started the Rife therapy for the cancer, but we also saw unexpected, positive side effects. One was her diabetes. My wife had high blood sugar and was receiving 100 CCs of insulin every day. After starting the Rife therapy, she no longer needed insulin.

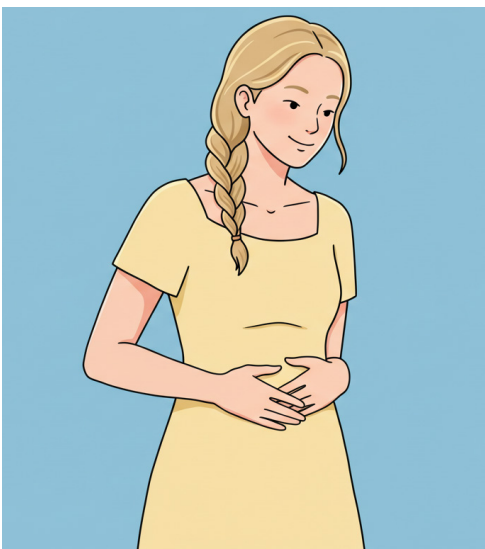
After seeing these results, I decided to try it myself. I had type 2 diabetes for the past ten years, and Rife therapy dropped my blood sugar from an average of 230 to 98. I no longer have diabetes.

I also wanted to help my mother, who was also on 100 CCs of insulin daily at 86 years old. After doing the Rife therapy, she’s now completely off insulin. I saw her just yesterday, and my dad said her blood sugar stays between 109 and 110 every day. It’s been about a year since she started Rife therapy.

Finally, my father was diagnosed with stage II melanoma (skin cancer). He had large lesions on his arms, face, and neck that were constantly breaking out with red, scaly patches. After six weeks of Rife therapy, the lesions disappeared entirely. You couldn’t even see the scars on his arm anymore, and the scars on his forehead and behind his ear are gone. The cancer is completely gone.

Rife therapy has been life-changing for my family. First, my wife was cured of cancer and diabetes. Then my mom was cured of diabetes. Then my father was cured of cancer. And I, too, was cured of diabetes. I can definitely say I’m a believer in Rife therapy.”

- Jeff



“I was hospitalized with a cancerous tumor on my ovary and blood clots in my lungs. The tumor hemorrhaged and had to be removed. Tests revealed remaining cancer cells and a persistent virus hiding in the dark corners of my cells. We chose not to pursue chemotherapy or radiation. Having experienced positive results at Gilead Balm in the past, we decided to return for this new health challenge.

Within just a week, I noticed a significant increase in my energy and was able to walk farther on our morning walks. As the weeks went by, I continued to feel better overall. By the time we left, I felt much more capable of handling a full day’s work. A huge thanks to the staff for creating such a clean and cheerful atmosphere. It was definitely worth coming!”

- Anonymous

PANCREATIC CANCER



“The oncologist gave my sister, Joanne, less than three months to live after being diagnosed with pancreatic cancer that had spread to her liver. On chemotherapy, she deteriorated rapidly. By the end of August, the doctors said she had only a week to live. On the very day she was expected to pass, we began the Gilead Balm protocol.

She was extremely weak, unable to walk, and her abdomen was severely swollen with fluid. After just five days of treatment, we saw a complete transformation. She began walking, enjoying the sun, and her pain significantly decreased. Mentally, she was fully alert, joking and having fun. The turnaround was nothing short of amazing.

Her blood pressure and heart rate returned to normal. Her urine was a healthy color again. Just before starting the treatment, her vital signs were declining. Previously, her bowels weren't functioning, but within a week, they returned to normal. She also regained her appetite, which had been a struggle before. It's truly remarkable to witness the change.”

- Joanne's Sister

PANIC ATTACKS

“I began to panic for no apparent reason while hosting church at our home. A strange feeling came over me, and soon after, I started having trouble sleeping. When someone mentioned Gilead Balm Wellness Center and how they test for underlying issues, I became immediately interested. I called and went in for testing, which revealed four infections in my gut, causing brain swelling and overactivity in my brain.

After returning home, we waited for an opening at the retreat, which came five weeks later. As soon as I began the program, I started passing the infections out of my system, and I felt better almost immediately. Now, nearing the end of our stay, I am excited to go home feeling much improved. I'm deeply grateful to the staff here, but most of all, I thank God, as well as my family and friends, for their unwavering support.”



- Client from Michigan

“It has been about four years since I was diagnosed with Parkinson’s. Since coming to Gilead Balm, I’ve seen major improvements in my brain fog, anxiety, emotions, and sleep. Just one week into the program, I was able to run during my exercises—something I haven’t been able to do for a couple of years. The counseling sessions have also been incredibly helpful.

I would encourage anyone struggling with mental health issues to do counseling here at Gilead Balm. The friendly staff, along with the interaction with other clients and caregivers, has made my stay truly worthwhile. I believe this place is set up for success. Thanks to everyone here at Gilead Balm, and to God be all the honor and glory.”

– Ben Plank

“I went everywhere trying to get help. At first, I struggled to work, but eventually, my anxiety became so overwhelming that I couldn’t work at all. Panic attacks came one after another, landing me in the hospital. It felt like my life was coming to an end, and I didn’t know where to turn. Then, a good friend called and suggested I try Gilead Balm Wellness Center. We decided there was nothing to lose.

After starting the program at Gilead Balm, within just two weeks, my anxiety and panic attacks were gone. I’ve been able to sleep again. While I still have Parkinson’s, it is now in the healing process. Gilead Balm has truly been a great place for healing. It’s quiet, the staff is incredibly caring, and the environment is uplifting and encouraging. There is so much good help here.

I would encourage anyone facing health challenges to give Gilead Balm a try. What amazed me was how clients from different states, all Amish or conservative Mennonites, came together. Even though we come from somewhat different church backgrounds, we share the same values and work well together. It’s been a place where I’ve had the chance to deeply reflect on what it means to grow in faith, hope, and love.”

– E.M.S. in Quincy, Michigan



PARKINSON'S

“It took us a long time to get Victor’s Parkinson’s diagnosis. He used to have a blank stare with his mouth open, unable to focus or think clearly. He became a very different person—more dependent on me, less happy, no longer smiling, and not initiating conversations. His sense of direction was also terrible. You never imagine your husband has dementia, but something was clearly wrong, even though I didn’t know what it was.

Victor started treatment about a year ago. I wasn’t sure what to expect, but little by little, he began to initiate conversation again. He started thinking more clearly and was becoming more engaged. He even began interacting with the other patients at the center. His reactions improved, and he started smiling again. People began commenting on how well he was doing. I remember one person saying, ‘Wow, Vic is really doing well!’ And I proudly responded, ‘Yes, he is!’ Most people don’t even think he has dementia anymore. While he still walks a little slower, he doesn’t have any major symptoms. It’s been amazing to see the difference. He’s enjoying life again, and I am so grateful for the progress he’s made.”

– Victor & Karen

PROBLEMS WITH CHILDREN

“I was so grateful for the advice I received from counseling. It really helped me become better equipped to explain things to my daughter, especially when she was struggling. It taught me how to explain the fruits of the Spirit to her and how our actions should reflect love, joy, peace, patience, kindness, goodness, faith, gentleness, and self-control.

Singing Bible verses became a powerful tool for us. It shifted our focus to God, and my daughter loved the songs so much that she wanted to sing them all the time. After we returned from Gilead Balm, she was eager to keep singing the songs we learned from Karen. It really helped her take her mind off her aches and pains.

I’ve also been putting into practice the tips from the counseling sessions. I’ve adapted them to suit the challenges we face. The notes I took during counseling have been a great resource, and I refer to them often. One day, when my daughter was having a tough time, I pulled out my notes and read them to her. Shortly after, she brought the papers to me and asked me to read them again. The counseling was invaluable for both me and my daughter, and it’s truly made a difference in our lives.”

- F. L.

“I’ve been more mindful in how I discipline my children and communicate with my husband, especially when asking for his help.



My relationship with my son has improved greatly. I’m being more gentle with him, and it’s making a big difference. The counseling here at Gilead Balm has truly helped me. Having one-on-one sessions with another woman was such a blessing. My counselor helped me understand that when we focus on ourselves, we often bring misery, but when we focus on God and strive to glorify Him in all we do, think, and say, we find true happiness.

I’ve started reading the Bible each morning after my children go to school. It’s been a meaningful habit that’s bringing peace to my life. I highly encourage anyone considering counseling to do the program at Gilead Balm. It’s direct, Bible-based, and incredibly helpful in learning how to apply God’s word to our daily lives. I’m so thankful for the guidance I received here.”

- M. K.



**At Gilead Balm
we help to create
a path to mental,
emotional, and
physical recovery.
Call to schedule
an appointment:
330-208-9373**

PROSTATE CANCER

“For several years, Amos felt something wasn’t right in his prostate. After getting tested at Gilead Balm last fall, he was diagnosed with stage 2 prostate cancer. At the same time, our son, David, was diagnosed with a brain tumor. We focused on David first, and he spent five weeks at Gilead Balm. Then we turned our attention to Amos. Our experience here has been incredibly pleasant, and we’re already seeing positive results. Though it wasn’t always easy, the staff has been supportive and encouraging, guiding us through each step.

Amos received his stem cell infusion last Friday, and since then, he’s felt and looked much better. We encourage everyone who goes through this program to stick with it and trust God for healing in His own time. While we don’t fully understand why we’re being led through these challenges, we know it’s for our good. May we stay strong through whatever life’s next turn brings.

Thanks to everyone for your friendship. The area of Amos’s prostate, which was swollen and had a noticeable tumor, has improved significantly. The swelling has gone down, and the tumor has softened and shrunk to almost one-third of its original size. It’s humbling to see how much the staff here cares, and it’s a reminder that God cares too.”

- Lydia S.

“I’m 62 now, but my health issues began when I was about 20. I struggled with irritable bowel syndrome, frequent headaches, severe sinus problems, nervousness, anxiety, and depression. In 2013, I was diagnosed with prostate cancer by several doctors. Having heard the horror stories about chemotherapy and radiation, I chose to pursue alternative healing options. That’s when I started researching Rife therapy.

Six weeks after starting the program, my PCA-3 level dropped from 32 to 9. Anything under 25 means no cancer, and sure enough, my prostate ultrasound came back completely normal and free of cancer. Not only did the Rife therapy cure my cancer, but it also resolved many of the other health problems I had struggled with my entire life. It cured my IBS, chronic headaches, chronic fatigue syndrome, depression, anxiety, and more—issues I hadn’t even realized were connected.

I’ll be forever grateful for everything this program has done for me. If I hadn’t been diagnosed with cancer, I never would have looked into Rife therapy, and I would have lived with these other problems for the rest of my life.”

- Bill

“I first heard about the Gilead Balm protocol from my neighbor, who was also using it. In January 2014, I decided to give it a try. At the time, my PSA level was 132. After completing the program, my latest blood work shows a PSA of only 0.63, which is considered normal. There is no sign of cancer at all. I feel great and extremely healthy, with my energy fully restored. My oncologist’s nurse was amazed at the dramatic drop in my PSA, from 132 to 0.63 in just two months.

I strongly recommend Rife therapy to anyone facing cancer, based on the incredible results I’ve seen for both myself and my neighbor. Both of us are currently cancer-free, and I believe it’s due to the Rife therapy.”

- Wayne

RASHES

“Our first week focused on detoxing. By the second week, her rashes began to fade as she eliminated many toxins. Each day, she felt better. By



the end of the third week, there was a sparkle in her eyes that hadn't been there for a couple of years. Her mind is much clearer, and she's much calmer compared to how she was before. She now has a more positive outlook on life and handles stress much better. I've got my wife back. Thanks to Gilead Balm, and all glory to God.”

- J. Miller from Tennessee

REACTIVE ATTACHMENT DISORDER

“Our son, William, is adopted and was diagnosed with reactive attachment disorder (RAD). Children with RAD often struggle to form secure attachments with parents or authorities and have difficulty managing their emotions. William often wallowed in negativity and anger. We heard about Gilead Balm's brain scans and neurofeedback therapy and knew this could be a key part of his healing.

William also benefited from detoxification. The foot bath detox water has become clearer as we've been able to flush out toxins, and we've seen fungus exit his system through the enemas. William says he feels physically better. The program was tough on him at first, but as he experienced healing, his resistance lessened. As his parents, we've seen how much calmer he's become. His ability to reason logically has also noticeably improved. During the retreat, we focused on behavior therapy. William now uses his 'tackle box' of strategies from the counselor to manage anger and frustration. I even find myself borrowing some of these tools when I'm frustrated! As his mom, I learned how to meet William where he's at, understand his love language, and find ways to connect with him on a deeper level.

William shared that he learned from another client how to stay calm when something goes wrong in a game. He's also learning valuable social skills. Two of the young men who assisted as caregivers noticed significant improvements. They said he was talking and laughing with everyone, helping with chores, and being more obedient and considerate toward others. William developed a special connection with everyone here, and in return, he was loved by all. This is no surprise, as his thankfulness toward others has grown tremendously. He enjoyed fishing and swimming in the pond at the retreat and had a lot of fun.

We also made new friends here, and we treasured the time spent visiting, singing, praying, playing, eating, and enjoying fellowship around the kitchen table. After completing a six-week program at Gilead Balm, we look forward to continuing the supplements at home until full healing is achieved. May the Lord continue to bless everyone who walks through the doors of Gilead Balm, as well as the dedicated staff.”

- Chester & Arlene Byler from Clymer, New York

RELATIONSHIP PROBLEMS

“When I first made the appointment to go to Gilead Balm for testing, it was primarily due to my physical struggles. However, I was also battling depression and even had some suicidal thoughts. I was facing difficulties in relationships and felt distant from God. At the time, I wasn’t a church member. Through counseling, I was able to address some painful experiences in my life and work through them. My counselor helped me talk openly with my parents about these issues, which was a healing process for all of us. We learned how to apologize and forgive each other, and that brought a sense of peace and understanding.

I really appreciated reading the Bible with my counselor. She helped me gain a deeper understanding of the new birth and God’s love for me. We also discussed how some of the negative beliefs I had about myself and about God weren’t true according to the Bible. Counseling has taught me to view pain and suffering in the world from God’s perspective and to focus more on the things I have to be thankful for. I’ve also been learning how to better express my love for my family and see how precious they truly are. I’ve realized that we shouldn’t put off making things right with the people we care about. I’ve also learned practical strategies to help manage anxiety and depression, and I’m working on building stronger friendships with others.”

- R. S.

“About five years ago, I started losing energy and found myself staying in bed more often. It became difficult to be around others and carry on conversations. When I first came to Gilead Balm, I struggled with holding a good conversation. However, after receiving therapy and counseling here, I’ve noticed a significant improvement in my mental clarity. I feel much happier and brighter now.

I can read the Bible and understand it more clearly, and I have developed a much more positive outlook on life. I definitely have more energy. One of the highlights of my time here was enjoying the games, especially volleyball.

I’m excited to go home, and I have a lot of ambitions. I look forward to playing more volleyball and mulching our flower beds before hosting church at our home in four weeks. I truly feel like I’ve received a lot of help here.”

- Emma Stoltzfus in Pennsylvania



“I enjoyed my counseling sessions at Gilead Balm. It was very helpful to discuss Bible verses and learn how to apply them in my everyday life. We talked a lot about forgiveness and what it truly means to forgive. At first, I didn’t like speaking out loud about my thoughts or past experiences, but now I’m comfortable sharing with others.

The counseling also helped my husband and me communicate more, especially about important matters. I’m more mindful now about how I speak about others and make an effort to avoid saying anything negative. I’ve also been reminded that cooking and cleaning are acts of service to the Lord, which has helped me feel more grateful. Focusing on gratitude has shifted my mindset, making me think more about God and less about myself. I have so much to be thankful for, and I truly believe counseling has been a great blessing.”

- F. S.

SCHIZOPHRENIA

“I’ve faced both physical and spiritual struggles, but through a series of remarkable events, we were led to Gilead Balm Wellness Center. For three years, I had been on several psychiatric medications. We were at our wit’s end, seeking help for me. But now, with God’s help, I’m off all medications. It’s been nine months since I returned home, and I continue to feel physically well and mentally grounded.

My struggles with schizophrenia and bipolar disorder have nearly disappeared. I hope my story can serve as an example and encouragement to others. During my time at Gilead Balm, I was with my mom, and I learned how to improve my relationship with her. I had been having struggles with her and other family members, but by the time I came home, I was ready to start fresh with my family.

What led to these changes? It was a combination of addressing emotional issues and healing from infections that were affecting my thinking. My parents have said they now understand me better than ever before. I feel like a “normal” teenager again, but my goal is to keep growing and become a positive example for others in my youth group and church.

Through counseling, I was reminded of what the Apostle Paul wrote to Timothy in 1 Timothy 4:12, where he encourages him to set an example for believers in speech, conduct, love, faith, and purity. These are the goals I strive for. I’ve noticed a real difference in my thinking since changing my diet. The health of the body truly impacts mental health. As 1 Corinthians 10:31 says, ‘Whether you eat or drink, or whatever you do, do all to the glory of God.’”

- Lilian Stoltzfus

SKIN CANCER

“I was so sick that I couldn’t even feed myself. I was unable to do anything — I couldn’t travel, go to work, run errands, or even leave my bed. PET scans revealed numerous tumors, with 13 lymph nodes involved. A tumor on my outer thigh measured four inches by two and a half inches, and another spot on my inner thigh was three inches across.

Now, after following the Gilead Balm Protocol, all my tumors are completely gone. My squamous cell marker, which was above 13, is now below one — the lowest possible level. My blood work is fantastic. The results clearly show that everything that was once problematic has improved, and everything that was low has gone back to normal.

I no longer have cancer. The oncologist I initially worked with is thrilled with my progress and is consistently amazed each time he examines me. I can eat again, I can be with my family, and I’m truly blessed. Every day, I wake up filled with joy, feeling as though I’m 20 years younger.”

- Renee

SKIN PROBLEMS

“For years, I struggled with skin problems, experiencing painful rashes on my face that were incredibly frustrating. We tried numerous treatments with no lasting results. Then we heard about Gilead Balm. After an especially severe breakout, worse than

anything I’d experienced before, we decided to come for testing. The scan results showed an infection in my blood and a fungus in my abdomen, where I had a lot of pus.

Right away, I knew this was what I needed — treatment at Gilead Balm. I had high hopes when we arrived, and I haven’t been disappointed. After just a few days, I did the liver and gallbladder cleanse, and I was amazed at how much better I felt, with so much more energy. I felt like I could tackle anything. Before, I often lacked energy and had to push myself to get work done. I also dreaded going out in public, especially in large crowds, because I was self-conscious about the rashes.

Now, my face is completely cleared up — no more rashes! My skin hasn’t looked this good in years. The therapies at Gilead Balm were incredibly effective, and I truly believe they helped me. The staff was wonderful, and the atmosphere was so relaxing. I couldn’t have done this without my dear husband, who was my caregiver and did an amazing job. We both enjoyed the devotions each morning and made new friends interacting with the other clients.

I never got deeply depressed about my skin problems, though it was tempting to. I always believed that eventually, something would help, and God guided us here. To Him be all the honor and glory for the healing! I am so thankful for a place like Gilead Balm, and I would recommend it to anyone struggling with health problems and seeking answers.”

- Barbara Shetler, Sunbright, TN

SLEEP PROBLEMS

“I had been relying on prescription medications for sleep, but eventually, they stopped working. I lost the ability to sleep on my own, experiencing severe sleep deprivation, often getting only zero to two hours of sleep per night. I realized the traditional medical route wasn’t helping, and they didn’t know how to fix it. That’s when I decided to try neurofeedback brain therapy at David’s clinic.

Now, I can sleep up to 10 hours a night if I want, and it’s sticking. It’s lasting, unlike the temporary relief I had from other methods before. This is also the first thing that has helped my anxiety. I can finally experience true calmness.

I am absolutely, 100% happy with my decision — maybe even more than 100%. It was totally worth it, and I have no regrets. The people here are genuine and authentic. They truly care and want to help. They are well-trained and know exactly what they’re doing.

I’m happy here and believe more people should come to this practice. I think they’re amazing, and this is an excellent place to get neurofeedback done. I want to spread the word so everyone can benefit and have access to this life-changing treatment. You don’t need to be on drugs to feel better.”

- Jeannine

SLEEP PROBLEMS

"I first heard about neurofeedback from a friend, and I was curious to see how it could help me. I was truly amazed by the results. It felt as if an enormous weight had been lifted off me — I couldn't explain it, but I was incredibly grateful. Since starting the process, I've been sleeping better, and I've found that social interactions are much easier for me. I'm filled with excitement and gratitude for the changes I've experienced.

I now have much more energy throughout the day, and mentally, I've noticed a significant improvement in my thinking. I can focus better and connect with people more easily. Emotionally, my mood has drastically improved. I went from feeling very depressed to being genuinely happy and content. Even my coworkers have noticed the positive change in me.

I really wish neurofeedback had been available 20 years ago. The investment of both time and money was absolutely worth it. I wish and pray that more people could have access to this transformative therapy. It's truly been a life-changing experience for me. I feel like there's a huge gap in traditional medicine that neurofeedback fills. I hope there are more clinics like this in the future.

Three months after completing the program, my mood remains stable, and my focus continues to be sharp. I've even been able to reduce my psychiatric medication over the past couple of months, while still feeling great."

- Ann



"Before coming to Gilead Balm, my sleep was not great. I often used medication to help me with my sleep. I seldom need to use that medication now."

- Anonymous

"When I came to Gilead Balm Wellness Center, I had problems falling asleep. Now since being here for almost 3 weeks, I fall asleep easier and sleep soundly."

- Jonathan Hershberger



Start your
healing
journey at
Gilead Balm
Wellness
Center





STOMACH PROBLEMS

“I had been struggling with stomach issues for years. But after just three days at Gilead Balm Wellness Center, my stomach felt

better than it had in years. My husband also went through the retreat program, and his stomach problems have improved as well. Truly, we are fearfully and wonderfully made. It’s fascinating to learn how the body works, and how the gut and brain are connected. As my physical health improved, I noticed a shift in my brain’s patterns, making it easier for my spiritual and emotional health to improve too.

Both my husband and I participated in the retreat, and we are incredibly pleased with the results. We both feel so much better. In fact, I feel we gained more from the counseling here in six weeks than we did in nine months of counseling at other places. The counseling at Gilead Balm is direct and inspiring.

The staff here is exceptionally friendly, and I feel more relaxed and happy. My outlook on life has brightened, and my mood has lifted. My husband is now more talkative, calmer, and better able to process information. He listens more and is more understanding. He says he feels better physically, especially in his legs. His leg now feels and functions better.

For most of my life, I’ve felt worn out, tired, and had aches, sore joints, and significant swelling. I also had headaches nearly every day, but now the headaches are almost gone. My balance is improving, and the brain fog is lifting. Overall, I’d say my physical symptoms have improved by about 75%. It’s true what they say: ‘It all starts in the gut.’”

- Martha Byler

“I had been struggling with stomach pains almost every day, and I had no energy. I tried many different supplements and underwent several blood tests. My family doctor prescribed a drug that helped for a couple of months, but eventually, the pain returned. I went through more blood tests, but the doctors were puzzled. It felt like I was stuck in a cycle with no solutions. Each new supplement would work for a couple of weeks, but then the pain would return, worse than before, affecting both my energy and mental clarity.

After two years of dealing with stomach pain, I spoke with the director of Gilead Balm about my struggles. He suggested I try a detox program. At first, I was hesitant to try yet another solution, but I eventually decided to commit. In the first week, I started passing a lot of fungus and parasites. By the end of the three weeks, my stomach pain had almost disappeared, but I still didn’t have my energy back. Then, I did a brain scan at Gilead Balm to assess my brain function. The results weren’t ideal. Based on this, the director recommended I try a course of neurofeedback brain therapy and lymphatic therapy to help drain my system. After a couple of weeks of these therapies, I was amazed to find that my brain function had improved significantly. I can think much more clearly now—something I hadn’t realized I was missing.

I also noticed that I’m now able to handle stress much better. My stomach pain is completely gone, and I finally feel like myself again. I am incredibly thankful for this journey and the healing I’ve experienced. All honor and glory to God.”

- P.H. Ohio

STOMACH PROBLEMS

“When I first came to Gilead Balm, I had some reservations about how challenging the program would be. My body really needed a detox, and my shaky episodes from stress, along with not keeping food in my stomach throughout the day, were getting worse. However, the detox process wasn’t as difficult as I had anticipated. The rooms were comfortable, and I was able to sleep well.

I’m hopeful that the new habits for a healthier life, which my husband and I learned at Gilead Balm, will stick with us as we return home. It was eye-opening to learn that stress can be managed, much like a muscle that needs to be exercised. To achieve true health, we need to detox the junk from our bodies, get moving more, and focus on building our health physically and spiritually.”

- S & R Yoder, IN



“When I came to Gilead Balm, I was struggling with stomach pains, muscle aches, and constant fatigue. My breathing and heart rate were abnormal as well, and these symptoms seemed to hit at random throughout the day. Together, these issues made it difficult for me to complete my work and care for my family.

After completing a 3-week retreat at Gilead Balm, my scans show significant improvement in all areas. My brain is now balanced with normal activity. I can remember things better, focus, and concentrate more easily. I can now sit through church without feeling dizzy. The inflammation revealed in my Rife scan has disappeared, which used to cause about 75% of my body to hurt. Now, the pain has lessened significantly.

I also feel a marked improvement in my breathing and heart rate; they are much more normal now. There’s a weight off my chest, and my energy has greatly increased. Circulation, which was a major issue for me, is much better. My cold hands and feet are nearly gone, and the headaches I used to get are no longer a problem.

My digestive system and overall health are functioning much better as well. I no longer experience night sweats, diarrhea, fatigue, or nervousness. With all the infections I’ve cleared out, my sleep is now much sounder and more restful. Getting through the day is much more enjoyable. I would highly recommend this program to anyone struggling with infections.”

- K.J.

STROKE



- Betty Janzen in Ontario, Canada

“January 11, 2017, was a life-changing day for our family, especially for Brian. He suffered a massive hemorrhagic stroke. After his discharge from the hospital, we spent another year going through physical therapy. Eventually, the therapists at the hospital told us they could no longer help Brian. We realized that finding a job for Brian would be incredibly difficult, as he could only use one hand, had poor balance, was in a wheelchair, and had slow comprehension.

In February 2018, we heard about Gilead Balm Wellness Center in Ohio and decided to give it a try. We arrived in Ohio at the beginning of April and began therapy on April 5, 2018. Brian underwent several different therapies, including brainwave therapy, Bemer, hyperbaric oxygen chamber, infrared sauna, and neurorestorative therapy. When we first arrived, I had to wheel Brian into the clinic and help him get to his brainwave therapy session upstairs. At that point, Brian had been without sensation on his left side for nearly a year and a half. He hadn’t been able to help me with decision-making. Now, Brian no longer uses his wheelchair. He walks with a single-point cane outside and mostly without any assistance indoors. His mind is much clearer, and he can think through things and make decisions more easily. We praise the Lord for using the staff at Gilead Balm to bring healing to Brian’s physical body and emotional well-being. We also want to express our deepest gratitude to each of the staff members for their care and support.”

“Six months ago, my dad had a major stroke that affected his right side. When we arrived at the clinic, he had no control over his arm; his hand was always clenched into a fist and he couldn’t open it. He also couldn’t move or bend his ankle, so he was dragging his foot behind him when he walked. His speech was limited to short sentences, and after just a few words, he would become frustrated as the words wouldn’t come out. It was taking him a lot of energy just to speak.

After three weeks of stem cell therapy, we’ve already noticed significant changes. Just the other day, we went for a walk, sat down by the beach, and had an entire conversation without frustration. Dad spoke a full sentence, and we talked for about 15 minutes! His speech is no longer a source of frustration.

In addition, his leg and arm, which had been swollen with fluid and lacked normal color, are now showing marked improvement. The blood is flowing better, the skin has returned to a normal color, and the swelling has gone down. He’s gaining more range of motion, and he can now open his hand and control both his arm and leg. His ankle is moving more freely, and he can lift his leg without dragging his foot. The rash that used to cover his skin, peeling and itching nonstop, is now completely gone. There have been so many huge improvements, and we are incredibly grateful to see Dad making such great progress!”

- Laurie

"I arrived at Gilead Balm using a cane after having a stroke.

By my second week of the retreat, I was using the cane less. I feel much better overall — more alert, with improved balance. The counseling sessions also helped me address forgiveness. The staff at Gilead Balm is wonderful and very friendly, and the meals were delicious. I give all the glory to God for providing such a healing balm."

STROKE

- M.B., Middlebury, Indiana

STRUGGLING EMOTIONALLY

"I am incredibly thankful for the support from my family and church throughout this process at the retreat. Many family members and the church ministry joined me and my wife for counseling sessions at Gilead Balm. When I first reached out to Gilead Balm, they recommended some supplements for me to take at home for a couple of months. After that, I came to the retreat, where I received neurofeedback brain therapy, counseling, hyperbaric oxygen, and detox therapies. Now, I'm feeling much better. Emotionally, I'm more stable, mentally I have a brighter outlook, and physically, I have less aches and pains. To God be the glory!"

- Anonymous



"The Gilead Balm retreat offered a calm and healing atmosphere. I was able to eliminate infections, receive neurofeedback to help my brain function properly, and begin a healthier diet. I also received invaluable emotional and spiritual guidance from various people at the retreat. Praise God!"

- Anita



"I am very grateful for the counseling at Gilead Balm. It was especially helpful in strengthening the relationship between my daughter and me. I have many notes from my counseling sessions with the children's therapist, which I read often. One time, when my daughter was having a difficult moment, I pulled out those notes and read them to her. These notes continue to be a valuable resource for us as we reflect on them. The counseling we received was truly beneficial for both of us."

- F. L.

"My husband and I received solid, biblical counseling from the counselor at Gilead Balm. I highly recommend it to anyone who struggles, as the counseling is firmly rooted in God's Word."

- Barbara Fisher, Pennsylvania

STRUGGLING WITH INFECTIONS

“Adjusting to life here was overwhelming, especially since my husband’s care was more involved than expected, and I was a client as well. Coordinating schedules for both of us was challenging. It would have been much easier to follow a schedule for just one person. However, the health coach and the other staff were understanding, helpful, patient, and flexible. Over time, with experience, prayer, and support, we overcame much of the stress associated with detoxing. As the combination of therapies began to regulate our bodily functions, life became more stable—our schedules, routines, therapies, and supplements all started to fall into place. I began to feel better, little by little, until finally, I felt truly good. Many thanks to all the staff! May God bless you and your work!”

“Peace I leave with you, my peace I give unto you; not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.” —John 14:27

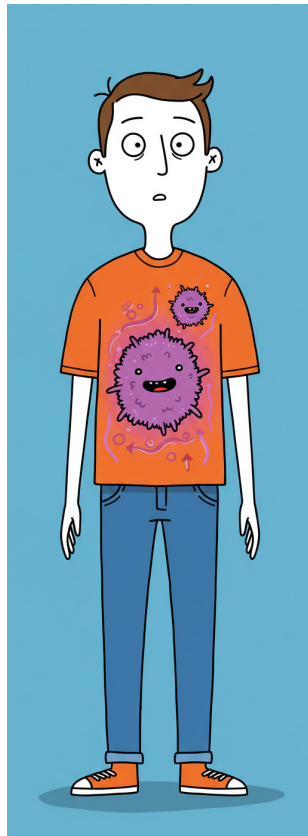
- Anonymous

“I developed a serious itch due to parasites in my colon. After about one week of treatment at Gilead Balm, I began to feel relief from the itch. Now, after three weeks, the itch is almost completely gone, which is such a great relief.

During our time here, we also switched to a healthier diet, and I noticed a significant improvement in my blood sugar levels, which have come down to the 120s from the 150s.

Overall, I believe Gilead Balm is a wonderful place to be, and I’m grateful for the improvements I’ve experienced.”

- A.S. King



“We are so thankful for our time here at Gilead Balm. The peace and tranquility have been the blessings we needed to work through neuroblastoma, neurological Lyme disease, EBV, and co-factors. All of these conditions were wreaking havoc on our dear daughter’s health and brain. After seeking answers from nearly 30 health professionals and even through hospitalization, we are grateful for the progress we’ve made. It takes time, but it is absolutely worth it! Our hope is that her brain will continue to heal and find balance, in the Lord’s will and timing.

The SCOBs (Symbiotic Cultures of Bacteria and Yeast) are real—we’ve lost count of how many we’ve said goodbye to. They caused immense mental grief, but great relief once they were washed away. We also discovered a Methylation challenge, which contributed to very high levels of Glyphosate, interfering with nutrient absorption and disrupting neurotransmitters.

We praise God for His faithfulness throughout this journey! May God bless and be with each one who walks through these doors.”

- Anonymous



“After struggling to find solutions from the medical world, we decided to try Gilead Balm Wellness Center. It has been a truly rewarding experience, learning how to go through a very vigorous detox process. I am beginning to see the benefits of this program, and I plan to continue and finish it at home. Additionally, I’m learning to adopt a healthier diet.

I also really appreciated the opportunity to talk with the health coach daily. A big thank you to the counselor for taking the time to discuss life’s challenges and my spiritual journey. During my final week here, I’ve noticed a significant improvement in my symptoms.

A special thank you to all the staff for making our time here a heartwarming and unforgettable experience.”

- Client from Ontario

STRUGGLING WITH INFECTIONS

“We are very impressed with the therapies Gilead Balm offered us. It really makes sense to focus on getting to the root cause and clearing up infections in the body. The amount of infection passed into the toilet during the detox program was unbelievable, but it makes sense.”

- David & Malinda Yoder, Clare, Michigan



“We did testing at the beginning of May at Gilead Balm. The tests showed bacteria in the blood, clumping of red blood cells, and more. On June 12, we left and started treatments on June 14. I had days when I didn’t feel my best, but I also feel like I’ve seen some positive changes. I hope to go home, continue the process, and see even more improvements. Thanks to each and every member of the staff for your role in making the place run smoothly. Thank you for the health coaching and for being there when we had questions. Many memories were made! May God richly bless each one of you.”

- S.H.

“The three-week program here was an amazing, out-of-my-comfort-zone experience! At the end of May, I couldn’t stop thinking about planning the details for the next school term and was sure I would spend the entire summer unable to take a break from school. It’s hard to say which part was my favorite. From the time the alarm buzzed until we finished hiking or exercises, so many memories were made! Thanks to everyone who helps keep this place running smoothly. What dedication and commitment!”

- Caregiver for S.H.

A Hyperbaric Oxygen treatment helps block the action of harmful bacteria and strengthens the body’s immune system.

STRUGGLING WITH INFECTIONS

"I am thankful I chose Gilead Balm Wellness Center because they start at the root of the problem. My yeast infections may have stemmed from the mold they found in our house. We plan to have it cleaned and ventilated for prevention. The

staff at Gilead Balm are very helpful and friendly, and the food was great! It's a wonderful place to be if you need help. After my three-week stay, the scans showed significant improvement. However, since I've had my infections for a longer period, I want to continue the program at home. I already feel stronger and look forward to seeing more results."

- Bontrager, IN

"Spending time at the clinic was a very pleasant experience, and being part of the group was a highlight as well. The therapies are intense, leaving very little extra time, but that's okay. My digestion has improved significantly.

This program is not simple, but there is clear evidence that it helps eliminate infections if you're diligent and committed to following the protocol."

- Anonymous



SUICIDAL THOUGHTS

"I am thankful for God's direction in my life, leading me to Gilead Balm Wellness Center. For a long time, I struggled with depression and even became suicidal. I had constant pain in my head, found it hard to concentrate, and struggled to think clearly. I isolated myself, avoiding youth activities and social gatherings, and hated myself for my struggles. We tried many medications, but nothing helped. Then someone suggested Gilead Balm Wellness Center to my parents, and we scheduled an appointment for a three-week program. At first, I wasn't sure it was working, but by the third week, I started feeling much better. My anxiety was almost completely gone, and my pain was subsiding. I also really enjoyed my counseling sessions and learned a lot about different biblical characters. Through these lessons, I discovered how to apply the wisdom from Scripture to my life today."

- J. H.



our hydro massage beds offer a variety of benefits including relaxation, pain relief, improved circulation, and reduced stress and anxiety.

TRAUMA

“Joseph had an accident with a saw in May 2021, injuring his left hand. He underwent two surgeries to repair the tendons, but he still experienced a lot of nerve pain. In April 2023, he had another accident with his horse, resulting in broken ribs and a concussion. He was hospitalized for several days, and a CAT scan revealed a lesion on his right kidney. An MRI also showed a quarter-sized tumor. Testing at Gilead Balm indicated cancer and various blood infections. We chose natural healing and spent four weeks at Gilead Balm. We are incredibly grateful to everyone involved. We feel we have received valuable help here. Joseph’s overall health has improved, and he feels stronger. May God bless you all on your journey to better health, with His healing touch.”

- Joseph's Caregiver

“Benuel has faced a lot of physical and mental trauma in his life. He struggled with depression, lightheadedness, dizziness, gut issues, and poor balance. When we came for testing, they discovered a brain bleed, nerve damage affecting his coordination, and infections causing his gut problems. Just three days after starting the program, Benuel’s appetite returned. The lightheadedness disappeared after the first week of treatment. He is now much more cheerful. Although not everything we did at Gilead Balm was easy, we were amazed at how quickly he started feeling better with their program. The counseling we received here was inspirational and helped us develop a more positive outlook on life. To God be the glory.”

- Benuel & Susie, PA



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GILEAD'S SEMINARS

Call 330-208-9373 for access to our seminar recordings from Gilead Balm's director, David Manwiller:



ADHD	Endometriosis	Melanoma
Abuse	Epstein-Barr Virus	Memory Loss
Addiction	Erectile Dysfunction	Menstrual Cramps
Anger	Family Problems	Migraines
Antibiotic Medications	Feeling Cold Hands & Feet	Mold Exposure
Antipsychotic Medications	Feeling Disconnected	Need for the New Birth
Anxiety	Feeling Hyperactive	Nerve Damage
Arthritis	Fetal Alcohol Syndrome	Nervousness
Asperger's	Fibroids	No Spiritual Life
Autism	Fibromyalgia	Obsessive-Compulsive Disorder
Autoimmune Disease	Food Allergies	Oppositional Defiant Disorder
Back Pain	Forgiving Others	Ovarian Cancer
Bipolar	Gluten Disorders	Painkillers
Bitterness	Gut-Brain Connection	Paranoia
Blurred Vision	Head Injury	Parkinson's
Bone Cancer	Headaches	Postpartum Depression
Borderline Personality Disorder	Herniated Discs	Prostate Cancer
Brain Cancer	Hormone Issues	Radiation
Brain Fog	Hysterectomy	Reactive Attachment Disorder
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Chemotherapy	Insomnia	Sensitivity to Rejection
Chest Tightness	Joint Pain	Skin Cancer
Chronic Fatigue	Knee Pain	Skin Problems
Chronic Pain	Lack of Peace	Speech & Language Issues
Colon Cancer	Lactose Intolerance	Spinal Cord Injury
Concussions	Lead Poisoning	Stomach Problems
Confession of Sin	Leukemia	Stress in Caregiving
Dark Thoughts	Low Energy	Traumatic Brain Injury
Depression	Lung Cancer	Unconfessed Sin
Diabetes	Lyme Disease	Urinary Problems
Dry Eyes	Lymphoma	Uterine Cancer
EMF Exposure	Marriage Problems	Walking & Balance Problems